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Kids Times

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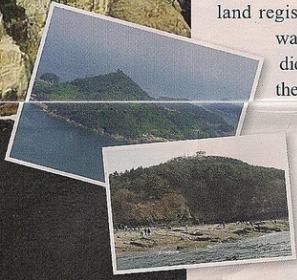
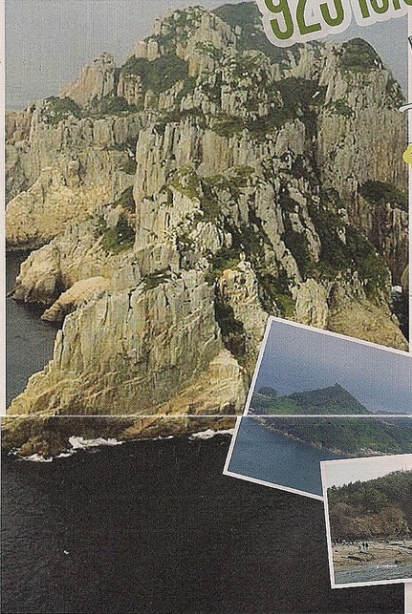
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## 923 Islets Newly Added to Korean Territory



The Korean Peninsula is surrounded by seas. Countless islets are scattered in the ocean along the west and south coasts. Many of the islets are deserted and have no residents. The majority of the islets haven't been officially listed on the land registry. The Korean land registry was established in 1910 when Korea was under Japanese rule. At the time, Japan didn't register the deserted islets. On April 7, the Ministry of Land Transport and Maritime Affairs <sup>국토해양부</sup> said that it will register the deserted islets as Korean territory. A total of 923 islets will be added to the list on the land registry. It will result in expanding the land to 660,000<sup>m</sup>, the equivalent of 93 soccer stadiums.

Staff reporter Lauren Kim

한국 영토에 새로 포함된 923개의 무인도 Korean Peninsula 한반도 / be surrounded by ~로 둘러싸이다 / countless 수많은 / islet 작은 섬 / be scattered in ~에 산재해 있다. 총무려져 있다 / along ~를 따라 / coast 해안 / resident 주민, 거주민 / the majority of 대다수의 / officially 공식적으로 / be listed on ~에 기재되다 / land registry 토지 기록부, 지적 공부 / be established 설립되다 / rule 법칙, 지배 / register 등록(기재)되다 / deserted islet 무인도 / territory 영토 / be added 추가되다 / result in 결과가 ~이 되다 / expand 확장하다, 넓히다 / equivalent (~와) 같은 것 / soccer stadium 축구 경기장

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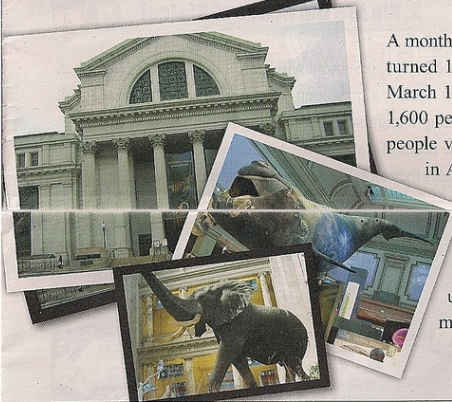
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# Smithsonian National Museum of Natural History Celebrates 100th Birthday



A month ago, the Smithsonian National Museum of Natural History turned 100 years old. The museum was opened to the public on March 17, 1910 in Washington D.C. The museum was visited by 1,600 people on its opening day. Last year, more than 7.4 million people visited the museum. Now, it is the most popular museum in America and the second most-visited museum in the world after the Louvre Museum in Paris. To celebrate its 100th birthday, the museum opened a new exhibit called the Hall of Human Origins on March 17. The hall houses many interesting exhibits to help people understand human origins. Don't you want to visit the museum some day and learn about our origins?

Staff reporter Sarah Choi

100번째 생일을 맞는 스미스소니언 국립 자연사 박물관 turn ~살아 되다 / be opened to the public (일반)대중에게 공개되다 / opening day 개관일 / popular 인기 있는, 유명함 / celebrate 축하(기념)하다 / exhibit 전시회, 전시품 / called ~라고 불리는 / hall 홀, 관 / house ~를 수용하다 / understand 이해하다 / human origin 인류의 기원



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## 1. Let's Plant Trees Together!

On April 5, a tree-planting event was held in Yeosu, Gyeonggi-do. It was hosted by the Korea Forest Service <sup>산림청</sup> to celebrate Arbor Day <sup>식목일</sup>. Many children took part in the event. They planted trees together and learned the importance of trees.



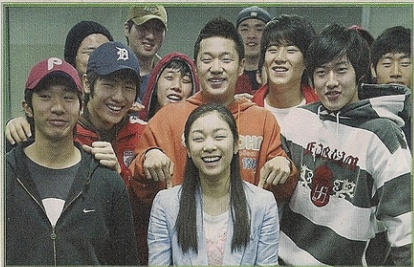
## 2. We Are the Heads of States!

The 2010 G20 Summit will be held in Seoul this November. On April 7, a simulation summit was held in Jamsil, Seoul. Many foreign students studying in Korea were selected as the heads of states for the special event. Look at the picture! Don't they look like real global leaders?



## 3. Let's Send Food to Children in North Korea!

Many people in North Korea are dying of hunger. In order to help them, an international aid group called JTS (Join Together Society) <sup>국제 기아·결핍·문명 퇴치기구</sup> sent food to the poor children in North Korea on April 6. Many children participated in the shipping ceremony held at Incheon Port <sup>인천항</sup>.



## 4. Yu-na Is a Good Student!

Kim Yu-na is the world champion of figure skating. She is a good student, too. Currently, she is attending Korea University <sup>고려대학교</sup>. Even though she is very busy with her training, she tries to study hard. On April 6, she attended a class in her school. After school, she took a picture with her classmates. Study hard, everyone! -

Staff reporter Ellina Bae

포토뉴스 plant 심다 / tree-planting 나무 심기 / be held 열리다, 개최되다 / be hosted by ~에 의해 주최되다 / celebrate 기념(축하)하다 / take part in ~에 참가(참여)하다 / importance 중요성 / head of state 국가 원수, 대통령 / summit 정상회담 / simulation 가연, 모의 / be selected as ~로 뽑히다, 선정되다 / leader 지도자 / die of ~로 죽다 / hunger 배고픔, 기아 / in order to ~하기 위해 / international aid group 국제원조 단체 / called ~라고 하는 / shipping ceremony 선적식 / currently 현재 / attend ~에 다니다 / be very busy with ~로 무척 바쁘다 / training 훈련 / classmate 반 친구



On April 2, a Turkish pop singer named Metin Senturk surprised the whole world. He became the fastest blind driver in the world! He drove a Ferrari at the speed of 292.89 kph and set a new world record. Ferrari is a company that makes very fast sports cars in Italy. Mr. Senturk broke the previous record of 284 kph, held by a British bank manager. To our surprise, no one accompanied him. Yes, that's right, the blind singer drove the car alone! The singer has been blind since

the age of three. So, how could he drive the sports car? His driving coach guided the blind driver by radio, following him in a separate car. Mr. Senturk said that he is very happy to set a new world record. "I don't think there are any words to describe this feeling. I am really happy," he said. In the picture, he is holding his certificate issued by the Guinness Book of World Records with his driving coach. Congratulations, Mr. Senturk! You really are amazing!

Staff reporter Liz Ahn

# Blind Driver Sets New World Record



세계 신기록을 세운 난민 드라이버 / Turkish 터키인 / surprise 놀라게 하다 / whole world 전세계 / blind 눈이 먼, 알을 못 보는 / set a new world record 세계 신기록을 세우다 / break (기록을) 깨다 / previous 이전의, 앞선 / held by ~가 보유한 / bank manager 은행 관리자 / to one's surprise 놀라게도 / accompany 함께 가다, 동행하다 / guide 안내하다 / separate (물건을) 분리하다 / describe / hold 하다 / certificate 증명서 / issued by ~에 의해 발행된

[illegible]





## The World's First Ice Hotel in Sweden

Sweden is a beautiful country in Europe. It is the third largest country in the European Union. You should plan to visit Sweden this winter vacation. Why? Because there is a very special hotel in the country. The hotel is made of ice and snow and only exists in the winter!

The Ice Hotel in Sweden is the first ice hotel in the world. It was built 20 years ago. It is also the world's largest hotel made of ice and snow. The hotel is visited by thousands of people each year. The entire hotel is made out of snow and ice blocks taken from the Torne River.

The hotel lobby is filled with beautiful ice sculptures. The walls, floors, and even the glasses in the bar are made of ice! Everything in the hotel is made by the world's finest ice artists. To our

surprise, the ice hotel has to be reconstructed each year!

This special ice hotel can only exist between December and April because it melts away under the warm spring sunshine. In other words, the ice hotel is temporary. So, why don't you visit the ice hotel this winter? Oh, don't forget to bring a warm coat and a sleeping bag!

Staff reporter Dan Chun

스웨덴의 세계 최초의 얼음 호텔 / the third largest 세 번째로 큰 / European Union (EU) 유럽연합 / plan 계획하다 / winter vacation 겨울 방학 / be made of ~로 만들어지다 / exist 존재하다 / be built 지어(만들어)지다 / thousands of 수천의 / entire 전체의 / ice block 얼음 덩어리 / taken from ~에서 가져온 / lobby 로비, 홀 / be filled with ~로 가득 차다 / sculpture 조각상 / the threat (해의 위협) 기와 후손만, 홀은 / to one's surprise 놀라게도 / be reconstructed 다시 건설되다(지어지다) / melt away 녹아 없어지다 / in other words 즉, 다시 말해 / temporary 일시적인 / bring 가져가다 / sleeping bag 침낭(이와에서 잠을 때 쓰이는 물건)





# Toads Can Detect Earthquakes in Advance

According to British scientists at the Open University, toads can detect earthquakes. After studying a population of common toads in central Italy before last year's earthquake hit, the researchers found that toads are able to sense earthquakes up to five days in advance. Five days before the earthquake hit Italy in April, 2009, 96 percent of the toads left the area even though it was their breeding season. Three days before the earthquake, all of the toads left their breeding site. "Our study is one of the first to prove animal behavior before, during, and after an earthquake," said the lead author Dr. Rachel Grant. "Our findings suggest that toads are able to detect signs of earthquakes, such as the release of gases." The research was published in the April issue of the *Journal of Zoology*.



Staff reporter Liz Ahn

미리 지진을 감지할 수 있는 두꺼비 toad 두꺼비 / detect 감지하다 / earthquake 지진 / in advance 미리 / according to ~에 의하면 / population 인구 / common 보통의, 평범한 / central 중앙의 / researcher 연구원, 조사원 / be able to ~할 수 있는 / sense 감지하다, 느낀다 / up to ~까지 / even though 비록 ~물지라도 / breeding season 번식기 / breeding site 번식지 / study 연구 / prove 증명하다 / during ~동안 / lead author 주 저자 / suggest 제안하다, 시사하다 / such as ~와 같은 / release 방출 / be published 출간되다 / issue (신문, 잡지 등 정기 간행물) 호

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## How Can You Break the Ice with Someone New?

*How many friends do you have? Having many good friends is a wonderful thing. That is why making new friends is important. But sometimes it can be hard to break the ice with someone new. Let's think about the ways to break the ice with your new friends. Here, Jessica and Bob are talking about the topic.*

**Bob:** Hev. Jessica. how do you break the ice when you meet someone new? I want to get to know my new classmate better, but I don't know how.

**Jessica:** Oh, are you talking about the girl with long black hair?

**Bob:** Yeah, her name is Yuna and she is from Korea. I want to be her friend, but it's hard to break the ice. Should I make some fun jokes?

**Jessica:** Well, first of all, don't be too shy and make yourself look friendly. Always smile when you talk to her and act naturally. Making jokes is fine. But you should avoid telling jokes about sensitive topics such as religious

beliefs and traditions. Making fun of other people is not good, either.

**Bob:** Ok, I'll remember that. Then, how can I start a conversation with Yuna?

**Jessica:** Choose a safe conversation topic such as movies, music, pets, family, and school life. It is important to watch your language. Do not use foul language.

**Bob:** What about bragging? Can I tell my new friend about my school grades? I want to let her know that I'm very smart. I want to impress her with my intelligence.

**Jessica:** No, you should avoid bragging. You see, no one likes

a bragger. You should also avoid complaining. Try to keep the conversation as positive as possible. No one wants to become friends with a complainer.

**Bob:** You are right. I won't brag or complain. And I'll show interest when she is talking. I will listen carefully and respond in a way that shows that I have been listening.

**Jessica:** Let your new friend know that her thoughts and feelings mean a lot to you. Then, she will feel more comfortable with you. As a result, you two will become good friends!

Staff reporter Dan Chun

누군가를 처음 만날 때, 어색함 분위기를 어떻게 깨나요? break the ice 서먹서먹한 분위기를 깨다 / get to know 알게 되다 / make jokes 농담 하다 / first of all 우선 / shy 수줍어하는 / act naturally 자연스럽게 행동하다 / avoid 피하다 / sensitive topic 민감한 주제 / such as ~와 같은 / religious belief 종교적 믿음 / tradition 전통 / make fun of ~를 놀리다 / either 역시, 또한 / remember 기억하다 / conversation 대화 / pet 애완동물 / watch one's language 말을 조심하다 / foul 상스러운, 전박한 / brag 자랑하다, 뽐내다 / impress 깊은 인상을 주다, 감명을 주다 / intelligence 지능 / bragger 잘난 척 하는 사람 / complain 불평하다 / try to ~하려고 노력하다 / positive 긍정적인 / complainer 불평하는 사람 / respond 대답하다, 반응하다 / comfortable 편만한 / as a result 그 결과로, 결과적으로





## WHALE ARTIST IN CHINA

Whales are known to be very smart animals. They are easy to train and can learn many cool tricks. But have you ever seen a whale that can draw pictures? If you visit a theme park in China, you can meet an amazing whale artist!

Look at the pictures. The white whale is drawing a picture! His name is Xiao Qiang. He is 7 years old. He lives at a theme park in Shandong Province, China. Holding a brush in his mouth and either nodding or wagging his head, Xiao Qiang can paint expressive pictures within a few minutes!

According to Xiao Qiang's trainer Zhang Yong, he picked up the painting skill very quickly. "Without much expectations, I gave him a brush to have a try. I never imagined that he would be so talented at

painting," he said. "He learned how to paint within a week! I was amazed at how fast he picked up his new skill."

Many people visit the theme park to see the amazing whale artist. Some people even buy the whale's paintings! "I've seen many whale shows before, but I've never seen a painting whale! Xiao Qiang is a genius!" said one of the visitors.

Staff reporter Samuel Sohn

중국의 고래 예술가 / whale 고래 / be known as ~로 알려져 있다 / train 훈련하다 / trick 요령, 재주 / draw a picture 그림을 그리다 / theme park 테마 공원 / province 지방, 지역 / hold a brush 붓을 잡다 / either A or B A이거나 B이거나 / nod (고개를) 끄덕이다 / wag 흔들다 / expressive 표현적인, 표현이 풍부한 / within a few minutes 몇 분 안에 / according to ~에 따르면 / trainer 조련사 / pick up (습관, 재주 등을) 익히다, 습득하다 / skill 기술, 솜씨 / without ~없이 / expectation 기대 / have a try ~을 해보다 / talented 재능 있는 / be amazed 정말 놀란다 / even 심지어 / genius 천재



# CHOCOLATE WONDERLAND IN BEIJING CLOSES



There was a very special theme park in Beijing, China. Visitors could see and taste all kinds of chocolate there! The theme park was called the Chocolate Wonderland. It was opened on January 29. Many chocolate lovers visited the theme park. Sadly, it closed its doors on April 10.

The Chocolate Wonderland was the first chocolate theme park in China. It was made up of five indoor spaces – the World's Chocolate Hall, World's Candy Hall, Wonderland Theme Hall, Sweet Experience Hall, and Sweet Gift Hall. The theme park also had two outdoor areas called Sweet Stages and Sweet Shopping Street.

Visitors could enjoy everything about chocolate at the Chocolate Wonderland. They could touch it, feel it, and eat it. They even learned how chocolate is made! There were also many fun sculptures all made out of chocolate such as a life-sized chocolate car, hand bag, and shoes. The artifacts were made from 80,000 kilograms of chocolate. All of the chocolate

came from Belgium.

The display lasted only three months. Let's hope the Chocolate Wonderland will open its doors again soon! 🍫

Staff reporter Erica Choi

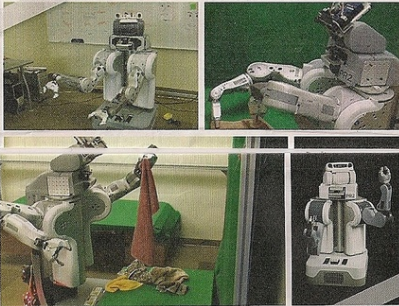


문 앞은 베이징의 초콜릿 테마 공원 theme park 테마 공원 / taste 맛 보다 / be called ~라고 불리다 / sadly 아쉽게도, 안타깝게도 / be made up ~으로 구성되다 (이루 어지다) / indoor space 실내 공간 / outdoor 야외의 / even 심지어는 / sculpture 조각품 / out of ~으로 / such as ~와 같은 / life-sized 실물 크기의 / artifact 인공품, 공예품 / last 지속되다





## American Scientists Invent Robot Maid



Doing house chores is tiring. According to a new study, working mothers spend three hours every morning doing household chores before they get to the office. They also have to do the housework after they get home. Ironing, making the bed, washing the dishes, cleaning the house, doing the laundry, and folding towels make your mom very tired. But here's some good news for your mom. American scientists have invented a smart robot maid that can help her!



Robots are already used in many types of business such as building cars on assembly lines. Now, they can even help us with the housework. Recently, American scientists have invented a robot that can do household chores. It is called PR2.

A research team from the University of California, Berkeley, recently succeeded in creating a computer program to give the robot the brain to do the housework. The robot is especially great at folding towels! It takes 25 minutes for it to do each one. The scientists will work hard to make it do the job faster.

In a test, the robot managed to sort out piles of towels

of different sizes, colors and materials. It picks up and turns each towel slowly, first with one arm and then with the other. Then, the robot uses a pair of cameras to scan the towel to calculate its shape. Once it finds two matching corners, it takes the towel to a table and starts folding! Of course, it can form a neat stack of towels!

The results of the PR2 tests will be introduced at the International Conference on Robotics and Automation. It will be held next month in Anchorage, Alaska. Don't you want to have the robot in your home, too? It will make your mom's life a lot easier!

Staff reporter Crystal Lim

미국 과학자들이 발명한 로봇 가정부 do house chore 집안일을 하다 / according to -에 따르면 / study 연구 / spend (시간을) 보낸다 / iron 다리미질을 하다 / make the bed 이불을 개다, 침자리를 정돈하다 / wash the dishes 설거지하다 / do the laundry 빨래하다 / fold a towel 수건을 접다 / invent 발명하다 / assembly line 조립 라인 / recently 최근에 / be called -라고 불린다 / research 연구 / succeed in -ing -하는 데 성공하다 / especially 특히 / take (시간이) 걸린다 / faster (fast의 비교급) 더 빨리 / manage to 용케 -하다 / sort out 정리하다 / a pile of 많은, 다량의 / material 직물, 재료 / pick up 줍다 / scan 유심히 살펴보다 / calculate 계산하다, 추측하다 / shape 모양, 형태 / once 일단 - 한 번 / matching 맞는, 어울리는 / corner 모서리 / form 형성되다, 만들어내다 / stack (쌓아 놓은) 더미 / neat 정돈된, 깔끔한 / result 결과 / be introduced 소개되다 / be held 열리다



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**Dear Andy,**

Hi, Andy! How have you been?  
I've been busy with my school.

① Yesterday my school went on a spring picnic.  
We went to a zoo in Gwacheon.  
It was so much fun!  
I saw many interesting animals there.  
Sadly, some of them are endangered.  
My favorite animal was the white tiger.

② It looked very strong and brave.  
③ According to my teacher, tigers are endangered.  
④ A great number of tigers have been killed for their fur.  
Their fur, bones, and other parts are still traded illegally in China.  
As a result, only a small number of tigers are left in the wild today.

My teacher said that if we don't protect them, they will soon become extinct!  
I felt very sad to hear that.  
I hope people will stop hunting these beautiful animals!

Sad, Mina

## Let's Learn How to Write E-mails in English

1. Yesterday my school went on a spring picnic.

(어제 우리 학교에서 봄 소풍을 갔었어.)

▶ go on a picnic : 소풍 가다

Ex) My family used to \_\_\_\_\_ to the amusement park every spring.

(우리 가족은 매년 봄에 놀이공원으로 소풍을 가곤 했어.)

3. According to my teacher, tigers are endangered.

(선생님이 그러시는데, 호랑이는 멸종될 위기에 처해있대.)

▶ according to : ~에 따르면, ~에 따라

Ex) Everything went smoothly \_\_\_\_\_ the plan.

(모든 일이 계획에 따라 잘 됐어.)

2. It looked very strong and brave.

(호랑이는 매우 강하고 용감해 보였어.)

▶ look + 형용사 : ~해 보이다

Ex) You \_\_\_\_\_ very beautiful in this picture.

(이 사진에서 너는 아주 아름다워 보여.)

4. A great number of tigers have been killed for their fur.

(많은 호랑이들이 그들의 털 때문에 죽임을 당했어.)

▶ A great number of : 다수의, 많은

Ex) A great \_\_\_\_\_ mysteries are not solved yet.

(많은 의문들이 아직 풀리지 않고 있다.)



[Answers]

1. go on a picnic 2. look 3. according to 4. number of

미나의 편지 be busy with ~하느라(~를) 바쁘다 / go on a picnic 소풍 가다 / sadly 슬프게도 / endangered 멸종될 위기의 / according to ~에 따르면 / a great number of 다수의, 많은 / fur (동물의) 털 / bone 뼈 / be traded 거래되다 / illegally 불법적으로 / as a result 결과적으로, 그 결과로 / a small number of 적은 수의, 얼마 안 되는 / be left 남다, 남겨지다 / protect 보호하다 / become extinct 멸종되다 / hunt 사냥하다





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Notes
Phone
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**Dear Sad Mina,**

Hey, Mina! You went to a zoo with your classmates?  
Wow! I envy you!

① It must have been a lot of fun!  
You also learned something very important there.

② Today, many animals are endangered due to human activities.  
Sadly, humans are animals' biggest enemy.  
I also heard that some people use tiger bones to cure diseases.  
It is wrong to hunt them illegally for their bones and fur.  
Humans are the biggest threat to the environment, too.  
We are destroying the Earth, our home.

③ It is our responsibility to take good care of the Earth.  
Our home is very sick now.  
We have to make it well again.

④ Otherwise, the future of the world is very dark.  
Let's care for the Earth as well as the animals, Mina!

Love, Andy

**Let's Learn How to Write E-mails in English**

- |   |   |
|---|---|
| <p>1. It must have been a lot of fun!<br/>(틀림없이 재미있었구나!)</p> <p>▶ must have p.p(과거분사) : ~였을 때 틀림 없다</p> <p>Ex) You _____ to do your homework!<br/>(넌 숙제 하는 것을 잊어버렸음에 틀림없구나!)</p>                          | <p>2. Today, many animals are endangered due to human activities.<br/>(오늘날, 많은 동물들은 인간의 활동 때문에 멸종위기에 처해있어.)</p> <p>▶ due to : ~때문에</p> <p>Ex) I can hardly breathe _____ the pollen from flowers.<br/>(꽃가루 때문에 숨을 거의 못 쉬겠어.)</p>        |
| <p>3. It is our responsibility to take good care of the Earth.<br/>(지구를 잘 돌보는 것은 우리 책임이야.)</p> <p>▶ take care of : ~을 돌보다</p> <p>Ex) I usually _____ my puppy after school.<br/>(난 방과 후에 주로 강아지를 돌봐.)</p> | <p>4. Otherwise, the future of the world is very dark.<br/>(그렇지 않으면, 세계의 미래는 매우 어두워.)</p> <p>▶ otherwise : 그렇지 않으면</p> <p>Ex) Close the window, _____ the yellow dust will get into the room.<br/>(창문 닫아, 그렇지 않으면 황사가 방안으로 들어올 거야.)</p> |



[Answers]

1. must have been forgotten 2. due to 3. take care of 4. otherwise

앤디의 편지    classmate 반 친구 / envy 부러워하다 / due to ~때문에 / human activities 인간의 활동 / enemy 적 / cure 치료하다, 고치다 / disease 병 / threat 위협 / environment 환경 / destroy 파괴하다 / responsibility 책임 / take care of ~을 돌보다 / otherwise 그렇지 않으면 / future 미래 / care for ~을 돌보다 / as well as ~뿐만 아니라





# Where Is the Hottest Place in America?

America is a huge country. In fact, it is one of the largest countries in the world. Due to its large size, there is a great variety of climates throughout the country. So, where is the hottest place in America?



The hottest place in America is Death Valley National Park in California. Usually, summer temperatures in Death Valley climb to 49 °C. The highest temperature ever recorded in North America was 56.7 °C. It occurred in Death Valley on July 10, 1913.

Death Valley is also the driest place in America. It hardly rains there. The scorching valley receives less than five centimeters of rain per year. In 1929, no rain was recorded in Death Valley! However, there

are many fun things to do at Death Valley National Park. The park is visited by more than 770,000 visitors every year.

The park is home to many wild plants and animals. If you are lucky, you might see many desert animals such as kangaroo rats and foxes. You can also ride a horse to enjoy the beauty of nature. At night, you can go for a moonlight walk in the sand dunes!

Staff reporter Erica Choi

미국에서 가장 더운 곳은 어디일까요? huge 거대한 / in fact 사실 / the largest (large의 최상급) 가장 큰 / due to -덕분에 / a great variety of 다양한 / climate 기후 / throughout 전역 / the hottest (hot의 최상급) 가장 더운 (뜨거운) / usually 대개, 보통 / temperature 기온 / climb 올라가다, 상승하다 / recorded 기록된 / occur 일어난다, 발생하다 / the driest (dry의 최상급) 가장 건조한 / hardly 거의 -않다 / scorching 오히려 엄청 더운 / less than -이하의, -보다 적은 / per year 1년에, 연간 / home 고향, 서식지 / wild 야생의 / be lucky 운이 좋다 / desert 사막 / kangaroo rat 캥거루쥐 / fox 여우 / ride a horse 말을 탄다 / enjoy 즐기다 / beauty of nature 자연의 아름다움 / go for a walk 산책하러 가다 / moonlight 달빛 / sand dune 사구, 모래 언덕





## DRINK ORANGE JUICE WITH FAST FOODS



Many children love eating hamburgers, French fries, and donuts. These foods are called fast foods. Most people drink soda when eating fast foods. But American doctors found that orange juice is the best choice of beverage when eating high-calorie foods.

Eating too much fast food is not good for your health. Drinking too much soda is not good for your body, either. Since soft drinks contain too much sugar, they can make you gain weight. Drinking too much soda can also cause tooth cavities.

According to a new study, drinking orange juice with a fast food meal can reduce the bad effects of high-fat fast foods. Recently, researchers at the University of Buffalo studied the effects of orange juice with a 900-calorie fast food breakfast on 30 healthy people.

"We found in our study that orange juice helps reduce the damage to blood vessels caused by eating a high-carbohydrate and high-fat meal," said Paresh Dandona, a professor of medicine, who led the study. "Drinking soda or water isn't very helpful when eating fast foods. Try drinking orange juice when eating a high-fat meal."

The study results appear on the April issue of the *American Journal of Clinical Nutrition*.

Staff reporter Sarah Choi

패스트 푸드와 오렌지 주스를 같이 마세요. be called ~라고 불린다 / soda 탄산음료 / the best (good의 최상급) 최고의, 제일 좋은 / beverage 음료 / choice 선택 / high-calorie 칼로리가 높은 / be good for ~에 좋다 / not ~ either ~도 포함 아니다 / soft drink 청량 음료 / contain 포함하다 / gain weight 체중이 늘다 / cause 일으키다. ~의 원인 이 된다 / tooth cavity 충치 / according to ~에 따르면 / study 연구 / meal 식사 / reduce 줄이다, 낮추다 / bad effect 악영향, 나쁜 영향 / high-fat 지방 함량이 높은 / recently 최근에 / researcher 연구원 / breakfast 아침 식사 / healthy 건강한 / damage 손상 / blood vessel 혈관 / high-carbohydrate 고탄수화물 / professor of medicine 의학 교수 / lead 이끌다, 지휘하다 / helpful 도움이 되는 / try ~ing 시험 살아 ~해보다 / result 결과 / appear 나오다 / issue (잡지, 신문 같은 정기간행물) 호





## An 11-year-old Girl Wins the 2010 Smelliest Sneaker Contest

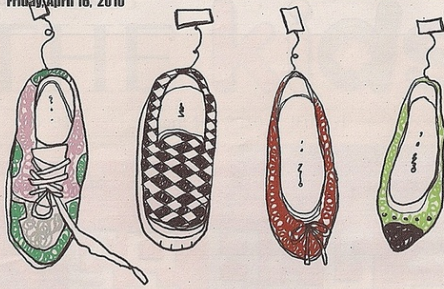
“In America, a very special contest is held every year in March. The contest is called the “Rotten Sneaker Contest.” The competitors bring something special to win the contest. So, what do they bring? Their smelly sneakers! Of course, the smellier the better! Usually, the winners of the contest have been boys. But this year, an 11-year-old girl won the contest!”

The 2010 National Rotten Sneaker Contest was held on March 23 in Vermont. The name of the winner is Trinette Robinson. Yes, that's right, she has the smelliest sneakers in America! Her sneakers stink so much that they beat out competitors from all across

the country.

The sneakers were judged on their overall condition, such as their soles, heels, and laces. Of course, the odor was the most important factor! So, how dirty





and smelly were Robinson's sneakers?

Her white and pink sneakers turned gray and brown after having been worn for 3 years. The soles also fell off and the seams were all frayed. Her sneakers will now be displayed in the "Hall of Fumes" in Vermont.

Robinson received a trophy as well as 2,500 dollars. She was also given a free trip to New-York City to see "The Lion King" on Broadway! "I feel really happy," she said about winning. "Words can't explain how happy I am!" Congratulations, Trinette! But please wash your sneakers more often from now on!

Staff reporter Dan Chun



2010년 약취 운동화 대회에서 우승한 11살 소녀 Trinette Robinson은 / sneaker 운동화 / competitor 참가자, 경쟁자 / bring 가져오다 / smelly 냄새(악취)나는 / the 비교급 the 비교급 -한수록 더 -한다 / usually 대개 보통 / Vermont 버몬트 (미국 중북부의 주) / stink (고악취) 냄새가 난다. 악취가 풍기다 / beat out 이기다, 꺾어버리다 / be judged 판정 받다 / condition 상황 / overall 전체적인 / sole 구두창 / heel 굽 / lace 신발끈 / odor 냄새, 악취 / factor 요소 / dirty 더러운 / fall off 떨어지다 / seam 솔기 / be frayed 해지다 / be displayed 전시 되다 / A as well as B B뿐만 아니라 A도 / explain 설명하다 / congratulations 축하합니다 / wash 빨다, 세척하다 / from now on 이제부터, 앞으로는

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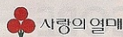
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