

## National News

THE **Kinder** TIMES

Thursday, February 25, 2010

# Children Need to Eat More Fruits & Vegetables

**Recently, the Korea Food & Drug Administration (KFDA) 식품의약품안전청** said that Korean children don't eat enough fresh fruits and vegetables. Kids need to eat fruit 2 times a day. They also need to eat vegetables 5 times and drink 2 glasses of milk every day. Doctors say that eating fresh vegetables and fruits is

important for kids. They are rich in vitamins and minerals. They help children grow well. Try to eat a lot more of them every day!

Staff reporter Crystal Lim

▶ The girl is eating an apple.

**tip**

어린이들은 과일과 야채를 더 많이 먹어야 해요      recently 최근에 / fresh 신선한 / need to ~ 할 필요가 있다 / time 몇 번 / a glass of milk 우유 한 잔 / important 중요한 / be rich in ~이 풍부하다 / mineral 미네랄 / grow 자라다, 성장하다 / try to ~하려고 노력하다, 해보다(시도하다)

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Photo News

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# Samba Festival Starts in Brazil

Brazil is world-famous for its big Samba Festival. This year, the Samba Carnival started on February 16 in many cities across Brazil. During the festival, people sing and dance together. In the picture, many people gathered in Rio de Janeiro to enjoy the festival. The Carnival will continue until the end of February.

Staff reporter Lauren Kim

tip

브라질 삼바 축제 개막

계속되다 / end 끝, 마지막

world-famous 세계적으로 유명한 / gather 모이다 / enjoy 즐기다 / continue

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**Photo News**

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## See You Again Soon, Sungnyemun!

Two years ago, Sungnyemun was set on fire. It is Korea's national treasure number 1. Everyone was very sad. But we can see it again soon. On February 10, people started

rebuilding it. It will take two years to finish rebuilding Sungnyemun. I can't wait to see the new Sungnyemun!

Staff reporter Lauren Kim


**tip**

곧 다시 만나자, 송례문아!      be set on fire 불이 붙다 / national treasure 국보 / rebuild 다시 짓다.  
복원하다 / take (시간이) 걸리다 / finish 끝내다, 마치다





**THE KIDder TIMES**  
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## American First Lady Helps Children Lose Weight

There are many overweight children in America. They often eat junk food like hamburgers, donuts, and pizza. They also drink lots of soda every day. Eating too much junk food is bad for children's health. The American First Lady, Michelle Obama, said that she will help children keep a healthy weight. She is making plans to help children lose weight. She says that schools have to stop selling junk food and soda. "Children need to eat more fresh fruits and vegetables instead of unhealthy food," she said. "Regular exercise is also important." Let's hope she will help many American children lose weight and grow well!

Staff reporter Erica Choi




▶ The boy is playing baseball.


**tip**

아이들의 살빼기에 나선 미국 영부인    overweight 과체중인 / often 자주, 종종 / junk food 정크푸드 (칼로리는 높으나 영양가는 낮은 해로운 음식) / soda 탄산 음료 / keep 유지하다 / healthy 건강한 / lose weight 살을 빼다, 몸무게를 줄이다 / stop ~ing ~하는 것을 멈추다 / sell 팔다 / vegetable 채소, 야채 / instead of ~ 대신에 / regular 규칙적인

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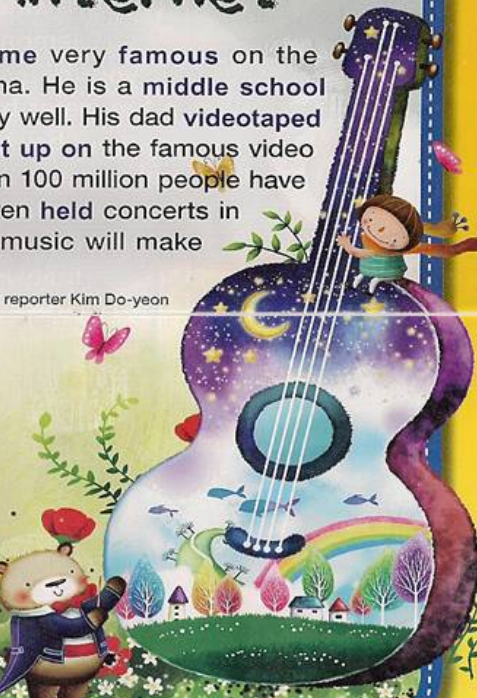
**What's New?** 7



## Young Guitarist Becomes a Star on the Internet

A 14-year-old Korean boy became very famous on the Internet. His name is Jung Sung-ha. He is a middle school student. He can play the guitar very well. His dad videotaped his son playing the guitar. He put it up on the famous video website, YouTube. So far, more than 100 million people have watched him play the guitar! He even held concerts in Finland last week. Let's hope his music will make many people in the world happy.


Staff reporter Kim Do-yeon

**tip**




인터넷에서 스타가 된 어린 기타리스트      become famous 유명해지다 / middle school student 중학생 / videotape 녹화하다 / play 연주하다 / put up on ~에 올리다 / so far 지금까지 / hold 열다





**Health**


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Children **sometimes** have a **stomachache**. But don't **worry**. There are easy ways to **cure** it at home. **First of all**, drink a lot of water. Drink it **slowly**. Drinking warm lemon tea is **helpful**, too. Next, make your **belly** warm. Ask your mom or dad to **place** a hot water bag on your belly. Or ask them to **massage** your belly. Do not eat **spicy** foods when you have pain in your belly. Cheese and chocolate **are not good for** you, **either**. But eating yogurt can help cure your stomachache. You can **add** some fruits in it to make it more delicious.

Staff reporter Crystal Lim

## Easy Ways to Cure a Stomachache



**tip**

**쉬운 복통 치료법**      sometimes 때때로, 이따금 / stomachache (=belly pain) 복통, 위통 / worry 걱정하다 / cure 치료하다, 고치다 / first of all 우선 / slowly 천천히 / helpful 도움이 되는 / belly 배 / place 두다, 놓다 / massage 마사지하다, 문지르다 / spicy 매운 / be good for ~에 좋다 / not ~ either ~도 또한 아니다 / add 추가하다

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 Word Study 

 Let's Find The Hidden Pictures!  
(숨은 그림을 찾아보세요!)



 조개, 만두, 촛불, 거북이,  
물기가 숨어 있어요.

- ★ Clam
- ★ Dumpling
- ★ Candle
- ★ Turtle
- ★ Strawberry



Answers are on page 10.

 Let's learn words that start with \*C\*!  
( 'C'로 시작되는 낱말들을 배워 보아요.)

1. 닭

 C \_\_\_\_\_

2. 원 ( 동그라미 )

C \_\_\_\_\_ 

3. 교실

 C \_\_\_\_\_

4. 컴퓨터

C \_\_\_\_\_ 

Answers: 1. Chicken 2. Circle 3. Classroom 4. Computer

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New Words

ABC

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“Grow”

: to get bigger or longer.


\*\* Grow는 “자라다, 성장하다” 라는 의미입니다.

Ex) A: You have such long hair!  
(네 머리는 참 길구나!)

B: My hair grows very fast.  
(내 머리는 아주 빨리 자라.)



Hidden Picture Answers (p9▶)



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# 2010-2-25 / Picture Vocabulary

Kinder Times

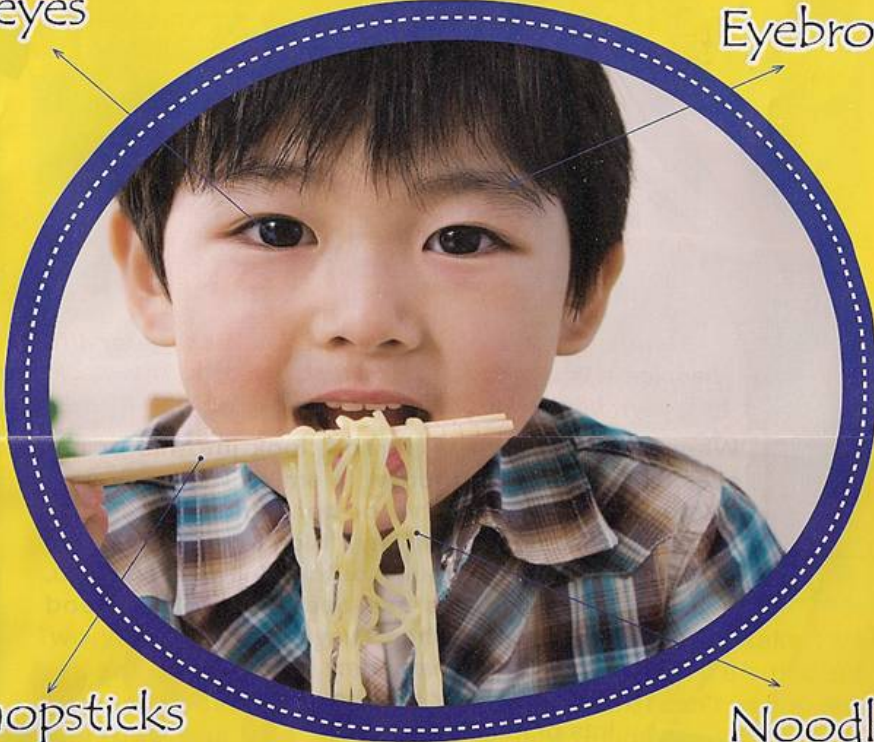
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<http://blog.naver.com/anypr/150082767215>

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 **Picture Vocabulary** 

Let's make sentences using the words in this picture!



eyes Eyebrow

Chopsticks Noodle

1. The boy is using chopsticks to eat his food.  
(소년은 젓가락을 이용하여 음식을 먹고 있다.)
2. He is eating noodles.  
(소년은 면을 먹고 있다.)
3. He has dark brown eyes.  
(소년은 검은색 눈동자를 갖고 있다.)
4. The boy has thick eyebrows.  
(소년은 짙은 눈썹을 갖고 있다.)



# 2010-2-25 / Focus

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2010/03/16 13:50

<http://blog.naver.com/anypr/150082767254>

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# Let's Make New Friends!

*Friends are very important. They make your life happier! It is always fun to meet new people. This week, let's learn how to introduce yourself to make new friends.*

When you meet a new person, look into his or her eyes. Of course, don't forget to smile! Then, say your name clearly. Ask for his or her name, too. Try to remember the name. And say, "Nice to meet you." But do not speak when your mouth is full of food. Also, remember to always use beautiful words. Good friends help each other. They share toys, too. Make many new good friends this year and have lots of fun, everyone!

Staff reporter Liz Ahn



▶ The two kids are playing together.







## Say Hello First!


When I was little, I was very shy. It was hard for me to make new friends. One day, during lunch break, a tall girl came to me first. She held my hand and said, "Hey, it's very nice to meet you. My name is Alice. What's your name and where are you from?" She was smiling at me. Soon, we became good friends. She helped me a lot and we did many things together. Thanks to her, my school life was very happy. If there is a shy kid in your class, why don't you go to him or her and say hello first? This is a great way to make new good friends!

Chief Editor Julia Baik




tip

**새로운 친구를 만나요!**      important 중요한 / happier (happy의 비교급) 더 행복한 / introduce 소개하다  
/ forget 잊다 / clearly 분명하게, 정확하게 / remember 기억하다 / be full of ~으로 가득 차다 / word 말, 단어 /  
each other 서로 서로 / share 함께 나누다, 같이 쓰다




## Fun Facts



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★
★

THE K<sup>in</sup>d<sup>er</sup> TIMES

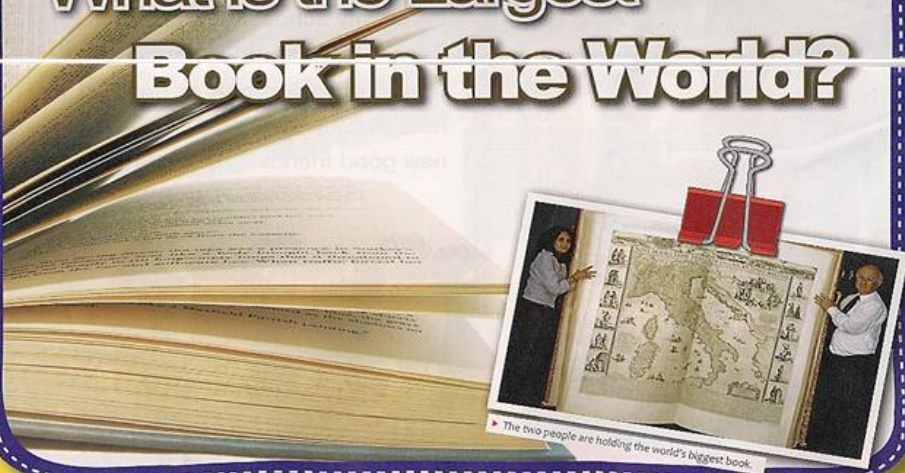
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There are many books in the world. Some books are very thick and big. Some books are very thin and small. Then, what is the largest book in the world? And how big is it? The title of the book is "Klencke Atlas." It was made 350 years ago! The book is made up of 35 maps. A Dutch man made the book for King Charles II of England. The book is 1.75 meters tall and 1.9 meters wide. The book is so heavy that it needs 6 people to lift it! It will be displayed at a museum in England in April.

Staff reporter Daniel Chang

# What Is the Largest Book in the World?



The two people are holding the world's biggest book.


**tip**

세계에서 가장 큰 책은 무엇일까요?      thick 두꺼운 / thin 얇은 / be made up of ~으로 이루어지다 / map 지도 / Dutch 네덜란드인 / heavy 무거운 / lift 들어올리다 / be displayed 전시되다 / museum 박물관



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☆☆☆




World Culture **15**

▶ Singapore is in Southeast Asia.

▶ Singapore means "Lion City."

▶ Singapore City is the capital of Singapore.



The symbol of Singapore is the Merlion.

▶ Singapore is among the 20 smallest countries in the world.


▶ Singapore is made up of one main island and 63 other smaller islands.

▶ The symbol of Singapore is the Merlion, which is a half-fish and half-lion animal.

▶ People in Singapore speak 4 languages – English, Chinese, Malay, and Tamil.

▶ Singapore has the world's first night zoo, the Night Safari.

Staff reporter Samuel Sohn



tip

**싱가포르**      Southeast Asia 동남 아시아 / mean 의미하다 / capital 수도 / be made up of ~으로 이루어지다 / main 주요한 / symbol 상징 / language 언어