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YOUR WINDOW TO THE WORLD

# THE kids TIMES

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## Let's Laughercise!

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2010 TeenReporter

청소년 영자신문 틴타임즈

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\* 발대식과 기자캠프 일정은 추후 변경 될 수 있습니다.



# World's Longest Seawall Completed

A seawall called Saemangeum was finally completed last month. It took a very long time and a lot of money to build. It cost almost 3 trillion won and took nearly 20 years to finish since the construction began in 1991. About 2.5 million people participated in the construction. Thanks to Saemangeum, the Korean territory has been widened. A total of 401 square kilometers of mud has been turned into land. It is about two-thirds the size of Seoul. Saemangeum is expected to bring positive effects

to our economy. The seawall is 33.9 kilometers long, stretching from Buan to Gunsan in Jeollabuk-do. It became the longest seawall in the world as of April 27. The previous record holder was the one in the Netherlands, which is 32.5 kilometers long. The Saemangeum seawall will be listed in the Guinness Book of World Records soon.

Staff reporter Lauren Kim

세계에서 가장 긴 방조제 완공 seawall 방조제 / complete 완성되다 / build 짓다, 건설하다 / cost (비용이) ~들다 / almost 거의 (=nearly) / trillion 1조 / finish 끝내다 / construction 공사 / participate in ~에 참여하다 / territory 영토, 국토 / widen 넓어지다 / square kilometer 평방 킬로미터 / mud 진흙 / turn into ~으로 변하다, ~이 되다 / land 땅 / be expected to ~을 것으로 예상되다 / bring ~을 가져오다 / positive 긍정적인 / effect 효과 / economy 경제 / stretch from A to B A에서 B까지 뻗어있다 / previous 이전의 / record holder 기록보유자 / be listed ~에 등록되다

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New Zealand is one of the most beautiful countries in the world. Today, many people emigrate to the country for a better life. But there is a little problem. Understanding the Kiwi accent is very difficult for the migrants who start a new life in New Zealand. This is because New Zealanders speak very fast and the way they pronounce their vowel sounds is very unique. In addition, some English words have a

different meaning in New Zealand. In order to help the foreign immigrants communicate well with New Zealanders, the migrant service center in Auckland started offering special language courses in how to understand the Kiwi accent. "Kiwi" is a nickname for New Zealanders. Let's hope the special classes will help the migrants understand the Kiwi accent!

Staff reporter Sarah Choi

# New Zealand Helps Migrants Learn Kiwi Accent



이민자들에게 뉴질랜드 억양을 가르치는 뉴질랜드 emigrate 이주(이민)하다 / Kiwi accent 뉴질랜드 사람들이 쓰는 억양 / migrant 이주민 (=immigrant) pronounce 발음을 한다 / vowel 모음 / unique 독특함, 특별한 / in addition 게다가 / word 단어 / meaning 의미 / foreign 외국의 / communicate with ~와 의사소통 한다 / offer 제공한다 / nickname 별명

## \*Teaching SKILLS SURVIVE!

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## 1. We Are Busy Making Lanterns for Buddha!

Buddha's Birthday will be celebrated on May 21 this year. On May 3, many Buddhists were busy making lotus flower-shaped lanterns at a temple in Changwon, Gyongsangnam-do. The beautiful lanterns will be used to celebrate Buddha's Birthday.



## 2. Newly Found Mountain Berries



On May 3, the Korea Forest Research Institute <sup>국립산림과학원</sup> said that they found a new mountain berry on Jeju Island. The berry is called the "Jeju Mountain Berry." In the picture, you can see the beautiful flowers of the Jeju Mountain Berry.



## 3. Say Kimchi!

May 5 was Children's Day. On May 3, an event called "Kids Marathon Competition" <sup>유아마라톤대회</sup> was held in Busan to celebrate the day. Many children participated in the event. Look at the picture! Before the race, they are taking a picture with big smiles. Aren't they cute?



## 4. Let's Learn First Aid!

From May 3 to 9, many kindergartners learned first aid at a child care center in Busan. Learning what to do in an emergency is very important. In the picture, the children are learning cardiopulmonary resuscitation with dolls. They look very serious!

Staff reporter Ellina Bae

**포토뉴스** be busy ~ing ~하느라 바쁘다 / lantern 등 / celebrate 축하(기념)하다 / lotus flower-shaped 연꽃 모양의 / newly found 새로 발견된 / mountain berry 산딸기 / be called ~로 불린다 / be held 열리다, 개최되다 / participate in ~에 참가(참여)하다 / race 경주, 경기 / take a picture 사진을 찍다 / first aid 응급 처치 / kindergarten 유치원생 / child care center 놀이방 / emergency 위급(응급)상황 / important 중요한 / cardiopulmonary resuscitation 심폐소생술 (심장과 폐의 활동이 갑자기 멈추었을 때 실시하는 응급처치) / serious 진지한, 심각한





# Record-breaking Dance in the Rain



On May 2, British dancers set a new world record for the largest number of people dancing at one time. After six months of training, more than 230 dancers gathered together in the rain in Somerset, England around noon last Sunday to perform an umbrella dance. Despite the heavy rain, the dancers performed a passionate dance routine to the song "Singing in the Rain" for five minutes and set a new world record for the world's largest umbrella dance. The event was organized by the county to bring people together by encouraging the community members to participate in the special dance performance. "It took us over six months to prepare this special activity. We are very happy to break the previous world record. Being a world record holder is fantastic!" said James Whitehead, who organized the event. Congratulations to the amazing umbrella dancers!

Staff reporter, Liz Ahn

빗속에서 춤추기 신기록 달성 set a new world record 세계 신기록을 세웠다 / the largest number of 가장 많은 수의 / gather together 함께 모이다 / perform 공연했다 / heavy rain 폭우 / passionate 열정적인 / dance routine 댄스 스텝, 댄스 공연 / be organized by -에 의해 조직(마련)되다 / county 카운티 (영국의 주 단위) / encourage 권장(격려)하다 / community member 지역 사람 / participate in -에 참가(참여)하다 / break (기록을) 깨다 / previous 이전의 / world record holder 세계 기록 보유자



2010 EBS어린이영어교육박람회

참가안내

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# No More Happy Meals with Toys in California

*Many children love eating McDonald's "Happy Meals". The meals are very popular among children because they come with toys. However, Happy Meals with toys will be banned in California to fight against child obesity.*

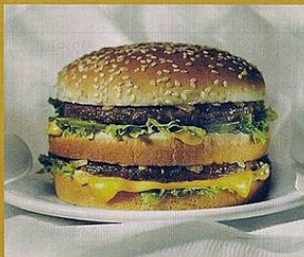
Child obesity is a very serious problem in America. Unhealthy, high-calorie fast food and soda are responsible for child obesity. In order to help children become healthier, Santa Clara County in California decided to ban McDonald's Happy Meals and other fast food snacks that come with toys.

Santa Clara has a population of 1.7 million people and one quarter of children in the area are overweight or obese. Since childhood obesity can lead to various health problems such as diabetes and heart disease, the county is trying to protect the children from unhealthy fast food meals.

"Toys are being used to lure children to eat high calorie foods loaded with salt. The new measures will prevent restaurants from using children's love of toys to sell high calorie, high fat, high sodium kids' meals," said Ken Yeager, the county supervisor.

From now on, fast food restaurants in California will be stopped from offering toys with meals that do not meet a set of basic nutrition standards. There will be a limit of 485 calories per meal. Let's hope the new ban will help the children in California become healthier!

Staff reporter Dan Chun



장난감 선물 주는 패스트푸드 판매를 금지하는 캘리포니아 popular 인기 있는 / among -사이에 / be banned 금지되다 / fight against -을 물리치다 / child obesity 아동 비만 / serious 심각한 / unhealthy 건강에 나쁜 / high-calorie 칼로리가 높은 / soda 탄산 음료 / be responsible for -의 책임이 있다 / population 인구 / overweight 과체중의 / lead to -로 이어지다 / various 다양한 / diabetes 당뇨병 / heart disease 심장병 / protect from -로부터 보호하다 / lure 유혹하다, 꼬다 / loaded with -로 넘치는 / measure 조치 / prevent A from -ing A가 -하지 못하도록 막다 / supervisor 관리자 / from now on 지금부터 / be stopped from -ing -하는 것이 금지되다 / offer 주다, 제공하다 / meet -을 충족시키다 / nutrition 영양 성분 / standard 기준 / limit 제한 / per -당, 매





# Why Did Dinosaurs Die Out?

Huge dinosaurs once roamed the Earth. But one day, they disappeared completely. There are many assumptions about their extinction. Some scientists believed that they became extinct when comets struck the Earth 65 million years ago.

Recently, however, British researchers claimed that dinosaurs were wiped out by

sudden drop in  
temperatures.

According  
to the

scientists, dinosaurs were cold-blooded creatures and they would have needed the warmth to keep them alive. While studying fossils and minerals from Norway, they concluded that a sudden change in the Atlantic Gulf Stream during the Cretaceous period <sup>특시기</sup> would almost certainly have wiped out the dinosaurs worldwide. “We believe that a sudden drop in the sea temperature more than 137 million years ago led to dinosaurs’ extinction,” said Gregory Price from Plymouth University, who led the study. “The drop in temperatures was so severe that numerous species of dinosaur would have died out gradually.”

Staff reporter Liz Ahn

공통의 예: 열을 지을 용어? huge 거대한 / densely 촘촘 / roam 돌아다니다,徘徊하다 / disappear 사라지다 / completely 완전히 / assumption 추정, 추정 / extinction 멸종  
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There is a new word in the medical world. It is a very unique word. The new word is "laughercise." Doesn't the interesting word seem a little familiar? Well, don't go off looking it up in the dictionary because it won't be there! Take a look at the word again carefully. The word is a combination of two words: they are "laughter" and "exercise"! Let's find out why they have been combined.

# Let's Laughercise!







To maintain good health, we all need to exercise regularly. Exercise can help the immune system and lower the body's stress level. After a round of good exercise, you feel refreshed and relaxed. You get a great appetite, too! Recently, American doctors said that laughter has the same power as exercise!

According to the doctors, laughing repeatedly is equal to light jogging. Dr. Lee Berk from Linda University in California recently proved it through an experiment. He divided 14 volunteers into two groups. The first group watched a stressful 20-minute clip of a war film. The other group watched a 20-minute clip of comedy. Then, the doctor took their blood samples. The first group showed stress hormones. In comparison, the samples from the

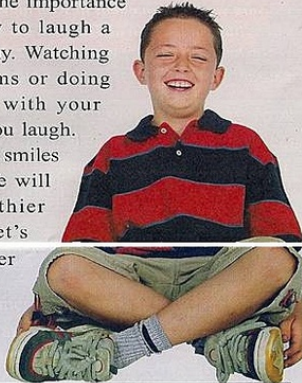
second group showed an increase in cells for the immune system!

Dr. Berk has been studying the relationship between laughter and the body for almost 20 years. He concluded that laughter could even prevent heart disease and diabetes. Every time you giggle with your friends, a special hormone called "endorphin" gets released in your body. This powerful hormone can help the body work better.

Now you know the importance of laughter. Try to laugh a lot to stay healthy. Watching fun TV programs or doing something fun with your friends makes you laugh. Extra giggles and smiles in your daily life will make you healthier and happier! Let's

welcome laughter into our lives! →

Staff reporter Dan Chun



도움 부탁드립니다! new word 신조어 / medical world 의학계 / unique 독특한 / sound -차량 들린다 / familiar 친숙한 / go off 자리를 뜨다 / look up 찾아보다 / dictionary 사전 / take a look at -을 살펴보다 / carefully 주의 깊게 / combination 조합 / laughter 웃음 / exercise 운동 / maintain 유지하다 / regularly 규칙적으로 / jog 조깅하다 / immune system 면역 체계 / lower -을 낮추다 / feel refreshed 기분이 상쾌하다 / feel relaxed 느긋해지다 / get a great appetite 식욕이 왕성해지다 / recently 최근에 / according to -에 따르면 / repeatedly 반복적으로 / be equal to -와 같다 / light 가볍게 / prove 증명하다 / experiment 실험 / divide 나누다 / volunteer 자원봉사자 / stressful 스트레스가 많은 / clip 동영상 / in comparison 이와 비교하여, 대조적으로 / increase 증가 / relationship 관계 / almost 거의 / conclude 결론을 내리다 / prevent 예방하다 / heart disease 심장병 / diabetes 당뇨병 / every time -항 때마다 / giggle 미소 짓다, 희웃거리다 / endorphin 엔도르핀(뇌에서 분비되는 신중 작용을 하는 호르몬) / get released 분비되다 / powerful 강력한 / body work 신체 활동 / try to -하도록 노력하다 / stay healthy 건강히 지내다 / extra 애분의 / daily life 일상 생활 / welcome 환영하다

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## What If Aliens Are Living with Us on Earth?

I'm sure you've seen aliens in sci-fi movies. They usually have big eyes and long fingers. Some aliens have green skin and no hair. But we don't really know what they look like. In fact, no one really knows that they actually exist. Interestingly, many people in the world believe in their existence. Here, Sandra and Justin are talking about the topic.



**sandra:** Hey, did you hear the news about aliens?

**justin:** What about aliens? Did they attack the Earth or something?

**sandra:** No, I just read a very interesting article about them this morning. According to a new international survey, one in five adults believe that aliens are on Earth, disguised as humans! The poll asked 23,000 adults in 22 countries about the existence of aliens. More than 40 percent of people from India and China answered they believe that alien life exists on this planet.

**justin:** What an interesting survey! Do you believe in aliens, Sandra? I do!

**sandra:** Well, I've never met an alien before, so it's really hard to tell. But I guess it's impossible for aliens to be disguised as humans. It seems so unreal to me.

**justin:** To me, it makes perfect sense and I guess it's very possible. You see, there are some really weird people in the world. Maybe they are aliens from outer space.

**sandra:** Hey, people can act weird sometimes depending on the situation or their condition on that day.

**justin:** Hmm... but what about the old lady next door? She always carries around an umbrella even on sunny days. Isn't that weird? Maybe she is an alien from a planet where it rains all the time!

**sandra:** I guess you've seen too many sci-fi movies, Justin. You are also very imaginative. But she is just an old lady who carries around an umbrella out of habit.

**justin:** Well, I still believe that aliens live on Earth disguised as humans. As a matter of fact, even the world-famous scientist Stephen Hawking said that aliens are out there!

**sandra:** Ok, then let's say that aliens are living with us on this planet. If you happen to meet them, what would you do?

**justin:** I would make friends with them! Don't you think it would be cool to have an alien friend?

Staff reporter Dan Chun

만약 외계인이 지구에서 우리와 함께 살고 있다면? alien 외계인 / sci-fi movie 공상과학 영화 / in fact 사실은 / actually 실제로, 사실상 / exist 존재하다 / believe in -(신념, 존재 등)을 믿다 / existence 존재 / attack 공격하다 / article 글, 기사 / survey 설문 조사 / one in five adults 성인 다섯 명 중 한 명 / disguise 변장하다, 위장하다 / poll 여론조사 / planet 행성 / unreal 비현실적인 / weird 기이한, 이상한 / outer space 우주공간 / depending on ~에 따라 / condition 상태, 조건 / next door 옆집 / carry around 휴대하다, 가지고 다니다 / all the time 늘, 항상 / imaginative 상상력이 풍부한 / as a matter of fact 사실은





## Small Insects That Elephants Are Very Scared of

Elephants are the largest land animals on Earth. They look very strong and brave. But did you know that they are very scared of certain tiny insects? This is because they can kill the huge mammals. Can you guess what the insects are?

You may be surprised to learn that bees are the biggest enemies of elephants! According to a new study, elephants are so scared of bees that they even have a special alarm call to warn the herd when there is a threat from them! Bees sometimes attack the large mammals and sting them around the eyes and trunk. Bee stings can even kill young elephants.

A team of scientists from Oxford University found that elephants make a low sound to warn of a bee attack. When they hear the sound of angry bees coming the elephants flee from the sound and make a low rumbling sound to warn others.

The scientists say that

the discovery could help keep elephants away from farms in Africa and prevent the animals being killed. Elephants often stray onto farmers' land and destroy crops in the poor African countries. In order to protect their food sources, farmers kill a great number of elephants every year.

"Playing the sound of bees will be able to help scare away the elephants and save the endangered animals," said Dr. Joseph Soltis, who participated in the study. The study is published in the journal *PLoS One*.

Staff reporter Samuel Sohn

코끼리가 매우 무서워하는 작은 곤충 be scared of 무서워하다 / certain 특정한 / tiny 작은 / insect 곤충 / mammal 포유동물 / guess 추측하다, 생각하다 / be surprised 놀란다 / bee 벌 / enemy 적 / warn 경고하다 / herd (동물의)무리, 떼 / threat 위협 / attack 공격하다 / sting 찌르다 / trunk 코끼리의 코 / flee from ~로 부터 도망가다 / rumbling sound 우르르 울리는 소리 / discovery 발견 / keep away from ~로부터 멀리하다 / prevent 막다, 방지하다 / stray 헤매다, 헤다 / destroy crops 농작물을 파괴하다 / in order to ~하기 위해 / protect 보호하다 / a great number of 많은 수의 / scare away 내쫓다 / endangered 멸종될 위기인 / participate in ~에 참여하다 / be published 출판되다





## An Animal Ambulance in Action?



Medical emergencies happen all the time. People can get hurt anywhere. Whatever the needs may be, ambulances are always ready to help us. We all have a common image of an ambulance. It is a white truck with the logo of a Red Cross and a loud siren. But can you imagine an animal ambulance?



It is hard to imagine, but you can see an animal ambulance in England! Say hello to Chase, a 7-year-old horse that is saddled up with all the latest medical kit. He works at a large park called Cannock. The park is visited by countless people every year.

Accidents often happen in the park. Unfortunately, big ambulances can't always travel quickly there. Recently, a nearby ambulance service came up with an interesting idea: "Why don't we use a well-trained horse as an ambulance?"

The highly-trained horse, Chase, can respond to emergency calls from the park quicker than any ambulance. He can run fast through the park with bandages, splints, oxygen supplies and many

other supplies. Mr. Bennet, who will be riding and working with Chase, said he is excited to have a horse on the emergency team.

The medical team for the park believes that Chase will be a great help because he can get to many hard-to-reach locations. Thanks to the horse ambulance, the emergency crew will be able to quickly access patients in any of the park's locations.

Cannock county park's thousands of visitors can now rest assured. Chase is here to provide help. Let's hope the emergency crew has a lot of carrots ready for the amazing horse ambulance!

Staff reporter Erica Choi



**동물 구급차 활동가?** medical emergency (부상으로 인한) 응급사태, 비상사태 / get hurt 다치다 / whatever 어떤-이든 / ambulance 구급차 / be ready to ~할 준비가 되어있다 / common 공통의, 흔한 / logo 상징, 로고 / saddle up 안장을 엮다 / latest 최신의 / medical kit 의료 장비 / countless 수 많은 / unfortunately 불행히도 / recently 최근에 / nearby 근처의, 가까운 곳의 / come up with ~을 생각해 내다 / well-trained 잘 훈련된 / through ~통하여 / bandage 붕대 / splint (뼈가 부러졌을 때 쓰는) 부목 / oxygen supply 산소 공급기 / ride 타다 / hard-to-reach location 가기 어려운 장소 / access 접근하다 / patient 환자 / rest assured 안심하다 / provide 제공하다 / carrot 당근



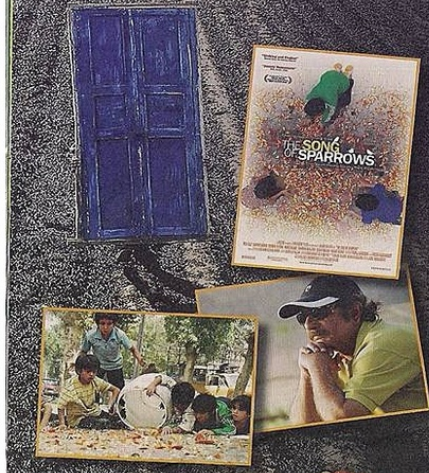


## THE SONG OF SPARROWS

A very special movie called *the Song of Sparrows* was released on May 5. This movie was made in Iran by the Oscar-nominated film director Majid Majidi. He gained international fame with the 1999 movie, *Children of Heaven*. *The Song of Sparrows* is a heart-warming story about an ordinary Iranian family. The sparrow in the title refers to the ordinary people. In this film, all of the family members try hard to make money for their deaf

daughter who lost her hearing aid. They want to get her a new hearing aid for an upcoming exam. Her brothers sell gold fish on the street and her father drives a motorcycle taxi to help her. So will they make enough money to buy a new hearing aid for her? You'll have to watch the movie to find out! It is a good family movie to watch in May, the month of family.

Staff reporter Christine Kim



## VISITING THE PALACES

Gyeongbokgung, Changdeokgung, Changgyeonggung, and Deoksugung are the 4 major palaces of Korea. They were all built during the Joseon Dynasty. These palaces stood tall even when our country was under the Japanese rule. Now they stand as the representative of the cultural heritage of Korea. If you haven't been to any of the palaces, here's very good news for you. From May 1, the admission

fee for the 4 palaces will be only 10,000 won! It is 30 percent cheaper than paying each admission fee separately. The ticket can be used anytime over a one month period. Why don't you visit the palaces with your family or friends this weekend and take a walk through the palaces? I'm sure that you will have an enjoyable time, feeling like a queen or a king!

Staff reporter Cloe Kim

**참석자들의 입장** called ~라고 불리는 / be released 개봉(공개)되다 / Oscar-nominated film 오스카상 후보작 / director 감독 / gain international fame 세계적인 명성을 얻다 / sparrow 참새 / heart-warming 마음이 따뜻해지는 / ordinary 평범한, 보통의 / refer to ~을 나타내다 / try hard to ~하려고 열심히 노력하다 / make money 돈을 벌다 / deaf 청각 장애가 있는 / hearing aid 보청기 / upcoming 다가오는, 곧 있을 / gold fish 금붕어 / motorcycle 오토바이 / find out 알아 내다

**궁 방문하기** major 주된 / palace 궁전 / during ~동안 / the Joseon Dynasty 조선 왕조 / stand tall 당당해 보인다, 우뚝 서다 / be under the Japanese rule 일본의 통치하에 있다 / representative 대표하는 / cultural heritage 문화 유산 / admission fee 입장료 / cheaper than ~보다 더 싼(저렴한) / separately 따로, 별도로 / anytime 언제든지 / period 기간, 시기 / why don't you ~? ~하는 게 어때요? / take a walk 산책하다 / enjoyable 즐거운 / feel like ~처럼 느끼다



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Notes

Phone Contacts

Chat Messages

Contacts

**Dear Andy,**

Hi, Andy! How are you today?  
 What's the weather like in London?  
 This year's weather is very weird in Seoul.  
 Even though it's spring, it's windy and cloudy.  
 It's raining outside today.  
 I don't really like rainy days.  
 ① I feel a little bit down when it rains.  
 Do you like rainy days, Andy?  
 I heard it rains a lot in England.  
 ② So I guess you are accustomed to the rain.  
 ③ Well, since I can't control the weather, I'm trying to enjoy it.  
 There is a saying that goes: "If you can't avoid it, enjoy it!"  
 After school, I bought a pretty card for my homeroom teacher.  
 Tomorrow is Teacher's Day.  
 We celebrate the day on May 15 every year.  
 While listening to the sound of the falling rain, I wrote a card.  
 I wanted to thank my teacher for her love.  
 She is a bit strict, but she always tries to help us learn more.  
 I will also give her a pretty red carnation.  
 ④ I hope my thanks from the bottom of my heart will make her happy!

Love, Mina

## Let's Learn How to Write E-mails in English

1. I feel a little bit down when it rains.

(나는 비가 오면 조금 울적해져.)

▶ feel down : 마음이 울적하다

Ex) Cheer up! Don't \_\_\_\_\_.

(힘을 내! 울적해 하지 말고.)

3. Since I can't control the weather, I'm trying to enjoy it.

(내가 날씨를 조절할 수 없으니, 그냥 즐기려고 노력하고 있어.)

▶ try to ~ : ~하려고 노력하다

Ex) \_\_\_\_\_ be polite when you talk to your teacher.

(선생님께 이야기 할 때에는 정중하게 해라.)

2. I guess you are accustomed to the rain.

(너는 비에 익숙할 것 같아.)

▶ be accustomed to : ~에 익숙하다

Ex) I \_\_\_\_\_ skipping breakfast.

(나는 아침 거르는데 익숙해졌어.)

4. I hope my thanks from the bottom of my heart will make her happy!

(내 마음에서 우러난 감사가 선생님을 행복하게 했을 좋겠어!)

▶ from the bottom of one's heart : 진심으로, 충심으로

Ex) I thank you \_\_\_\_\_ for your kind help.

(친절하게 도와주셔서 진심으로 감사 드립니다.)



[Answers]

1. feel down 2. am accustomed to 3. try to 4. from the bottom of my heart

**미나의 편지** weird 기이한, 이상한 / even though 비록 ~일지라도 / windy 바람이 부는 / cloudy 흐린, 구름이 낀 / rainy 비가 오는 / feel down 마음이 울적하다 / guess 생각하다, 추측하다 / be accustomed to ~에 익숙하다 / control 조절하다 / try to ~하려고 노력하다 / avoid 피하다 / homeroom teacher 담임 선생님 / celebrate 기념하다, 축하하다 / a bit 조금, 약간 / strict 엄격한 / from the bottom of one's heart 진심으로, 충심으로





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**Dear Mina,**

Hey, Mina! How are you doing?  
It's cloudy here in London today.  
Yes, it rains a lot in England.

① I don't really like rainy days, either.  
② But like you said, I'm already used to it.  
So the rain doesn't really affect my daily life.  
Sometimes I even feel refreshed when it rains.

③ By the way, tomorrow is Teacher's Day?  
What an interesting celebration!  
We don't celebrate Teacher's Day in England.

④ I think Korea has many interesting holidays  
such as Children's Day, Teacher's Day, and Hangul Day.  
I think Teacher's Day is a very meaningful celebration.  
It is important to remember our teachers' hard work and love.  
Without them, we wouldn't be able to learn many things!  
But we often forget about the importance of our teachers.  
Celebrating Teacher's Day is a good way to thank them.  
I'm sure your teacher will be very pleased to receive your card!

Love, Andy

**Let's Learn How to Write E-mails in English**

1. I don't really like rainy days, either.

(나도 비가 오는 날을 그다지 좋아하지 않아.)

▶ either : (부정문에서 사용) 또한, 역시

Ex) I don't eat beef. I don't eat pork, \_\_\_\_.

(나는 쇠고기를 먹지 않아. 나는 돼지고기도 안 먹어.)

3. By the way, tomorrow is Teacher's Day?

(그런데, 내일이 스승의 날이야?)

▶ by the way : 그런데

Ex) \_\_\_\_\_, I found that book you were looking for.

(그런데, 네가 찾고 있던 그 책 내가 찾아야.)

2. But like you said, I'm already used to it.

(하지만 네가 말한 대로, 나는 이미 그것에 익숙해졌어.)

▶ be used to ~ : ~에 익숙해지다

Ex) I \_\_\_\_\_ finally \_\_\_\_\_ the new school.

(마침내 새 학교에 익숙해졌어.)

4. I think Korea has many interesting holidays such as Children's Day, Teacher's Day, and Hangul Day.

(한국에는 어린이날, 스승의 날, 한글 날 같은 재미있는 휴일이 많은 것 같아.)

▶ such as : ~같은

Ex) Eat food that contains a lot of fiber. \_\_\_\_\_ fruits and vegetables.

(과일이나 야채같이 섬유질이 많이 함유된 음식을 먹어.)



[Answers]

1. either 2. am used to 3. By the way 4. think as

**영어의 편지** either 역시, 또한 / be used to ~에 익숙하다 / affect ~에 영향을 미치다 / daily life 일상생활 / refreshed 개운한, 상쾌한 / by the way 그런데 / celebration 기념행사, 축하행사 / celebrate 축하하다 / holiday 휴가, 방학 / such as ~와 같은 / meaningful 의미 있는 / remember 기억하다 / without ~없이 / be able to ~할 수 있는 / forget 잊어버리다 / pleased 기쁜





# Which Is the Smallest Island in the World?

There are hundreds of thousands of islands in the world. Some islands are very big and have many residents, while others are very small and deserted. So, which is the world's smallest island?



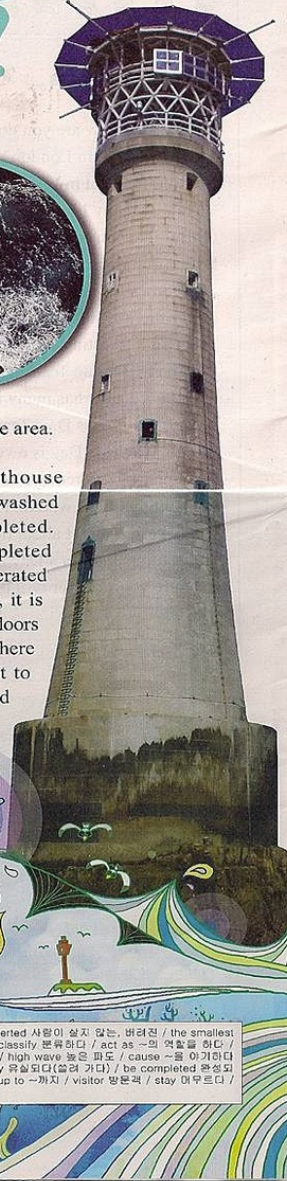
According to the Guinness Book of World Records, the smallest island in the world is Bishop Rock. It is one of 1,040 islands around England. Bishop Rock is actually a very small rock. In 1861, the British government classified it as an island. The rock acts as the barrier between England and the Atlantic Ocean.

Bishop Rock is famous for its lighthouse. In fact, it is the world's smallest island with a building on it. The lighthouse was built to protect ships from the rocks and high waves around the island. Over the years, the rocks caused the wrecking of many ships. For example, 2,000 men died in 1707 after their

ship clashed with a rock around the area.

The construction of the lighthouse was begun in 1847, but it was washed away before it could be completed. The present building was completed in 1858. Lighthouse keepers operated the lighthouse until 1992. Today, it is operated automatically. It has 10 floors and up to four visitors can stay there for three weeks. Don't you want to visit the world's smallest island someday? · 11 ·

Staff reporter Erica Choi

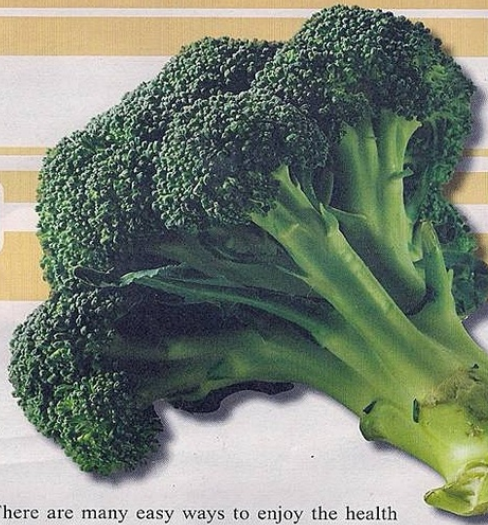


세계에서 가장 작은 섬은 어디일까요? hundreds of thousands 수 십만의, 다수의 / resident 거주자 / while ~인 반면 / deserted 사람이 살지 않는, 버려진 / the smallest (small의 최상급) 가장 작은 / according to ~에 따르면 / Guinness Book of World Records 기네스북 / actually 실제로, 사실 / classify 분류하다 / act as ~의 역할을 하다 / barrier 장벽, 장애물 / Atlantic Ocean 대서양 / be famous for ~로 유명하다 / lighthouse 등대 / in fact 사실 / protect 보호하다 / high wave 높은 파도 / cause ~을 이끈다 (결과를 낳다), ~이 원인이 된다 / wreck 난파 / for example 예를 들면 / clash 충돌하다 / construction 건설, 공사 / be washed away 유실되다(몰려 가다) / be completed 완성되다 / present 현재의 / lighthouse keeper 등대지기 / operate 가동되다, 운영되다 / automatically 자동적으로 / floor (건물의) 층 / up to ~까지 / visitor 방문객 / stay 머무르다 / someday 언젠가





# *SUPER VEGETABLE,* **BROCCOLI**



Broccoli is the superstar of vegetables. It is packed with essential nutrients that your body needs. It is especially rich in vitamin C and calcium. According to the USDA's nutrient database, boiled broccoli has more vitamin C than an orange and as much calcium as a glass of milk.

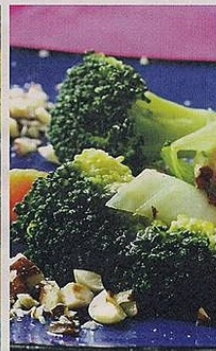
How often do you eat broccoli? You should try to eat this healthy vegetable as often as possible. Broccoli helps you stay healthy by protecting you against various diseases including strokes and cancer. It is good for your eyes, too.

There are many easy ways to enjoy the health benefits of broccoli. It can be boiled, steamed, baked, or eaten raw. You can add it in your salad or sandwich. It can be also used to make delicious soups. Why don't you eat broccoli every day and be a super kid?

Staff reporter Sarah Choi

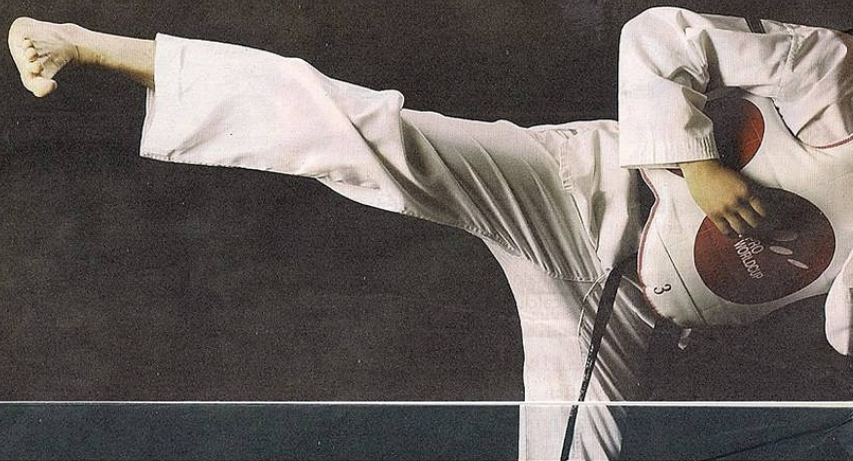


Broccoli provides a high amount of fiber. One medium spear has 3 times more fiber than a slice of wheat bread. Broccoli is also one of the richest sources of vitamin A. It is also rich in potassium. Eating broccoli helps reduce blood cholesterol levels. The super vegetable also helps to prevent Alzheimer's disease, diabetes, and heart disease.



최고의 채소, 브로콜리 be packed with ~로 가득 차다 / essential nutrient 필수 영양소 / be rich in ~이 풍부하다 / especially 특히 / calcium 칼슘 / according to ~에 따르면 / database 데이터베이스 / boiled 삶은 / as much ~ as ~만큼 / a glass of ~한 잔 / try to ~하려고 노력하다 / as often as possible 가능한 한 자주 / stay healthy 건강히 지내다 / protect 보호하다 / various 다양한 / disease 질병 / including ~을 포함해서 / stroke 뇌졸중 / cancer 암 / be good for ~에 좋다 / provide 제공하다 / fiber 섬유질 / medium 중간 / spear 뿌리 / time 시간 / a slice of ~한 조각 / wheat bread 밀빵 / source 공급원 / potassium 칼륨 / reduce 줄이다 / blood cholesterol level 혈중 콜레스테롤 수치 / prevent 예방하다 / Alzheimer's disease 알츠하이머병 (노인성 치매의 일종) / diabetes 당뇨병 / heart disease 심장병 / enjoy 즐기다 / benefit 이점 / steamed 쪄낸 / baked 구워진 / raw 날것의 / add 첨가하다 / why don't you ~? ~하는 게 어때요?





# NOTHING IS IMPOSSIBLE!







Today, many people all over the world learn Taekwondo, the Korean martial art. It is an excellent sport enjoyed by both children and adults alike. But have you ever seen someone who has no arms practicing Taekwondo? If you visit New York, you can meet a very special lady who loves Taekwondo.

A 32-year-old American lady named Sheila Radzewicz was born without arms and kneecaps. But she is very good at Taekwondo! In fact, she is a brown belt. To our surprise, she is planning to gain a black belt soon! Sheila will take her test next month at a martial arts center in New York State.

"I have been training in martial arts for three years. Taekwondo is an excellent exercise. It makes me healthy and strong," she said with a bright smile. "I hope to gain my black belt in June."

According to her Taekwondo teacher Mr. McCorry, Sheila's Taekwondo skills are amazing. "I have never seen a student like Sheila. Despite her physical condition, she can use nunchucks and break boards with her kicks," he said. "She is a very motivating person."

Even though Sheila was born with physical handicaps and had to go through numerous surgeries, she has

never let her disability stop her. She is a passionate and active person who loves her life and tries many new things. For example, she earned her driver's license at the age of 23. She drives a special car by using her feet.

"I never say I can't," Sheila said. "It takes a little longer for me to achieve something than other people, but I never give up trying. Now, I'm determined to win my black belt in Taekwondo!"

Good luck, Sheila! You are really amazing! ✨

Staff reporter Dan Chun



불가능은 없다. martial art 우등 / excellent 훌륭한, 탁월한 / both A and B A와 B 둘 다 / alike 똑같이 / practice 연습하다 / named -라는 이름의 / without -없이 / kneecap 무릎뼈, 슬개골 / be good at ~에 능숙하다, ~을 잘한다 / in fact 사실 / to one's surprise 놀랍게도 / gain 얻다(획득) / take a test 시험을 치르다 / train 훈련(연습)하다 / with a bright smile 밝게 웃으며 / according to ~에 따르면 / amazing 놀라운, 굉장한 / like ~같은 / despite ~에도 불구하고 / physical condition 신체 조건 / nunchuck 풍물군 / break a board 판자를 부수다 / kick 차기, 킥 / motivating 동기를 주는 / handicap 장애 / have to ~해야만 한다 / go through ~를 겪다, 경험하다 / numerous 수많은 / surgery 수술 / disability 장애 / passionate 열정적인 / active 활동적인 / earn one's driver's license 운전 면허증을 따다 / take (시간이) 걸리다 / achieve 달성하다, 해내다 / give up ~ing ~을 포기하다 / be determined to ~할 것임(결심)하다 / good luck 행운을 빌어요

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