

2010-4-30

Kids Times

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SINCE 2003

YOUR WINDOW TO THE WORLD

# THE kids TIMES

No. 327

★ April 30, 2010

[Friday]

★ www.kidstimes.net

☎ 02-392-3800



**EBS**English

EBS 공식 콘텐츠 제공



▶ Page 8 / 9

## Sunshine Makes You Healthier and Happier

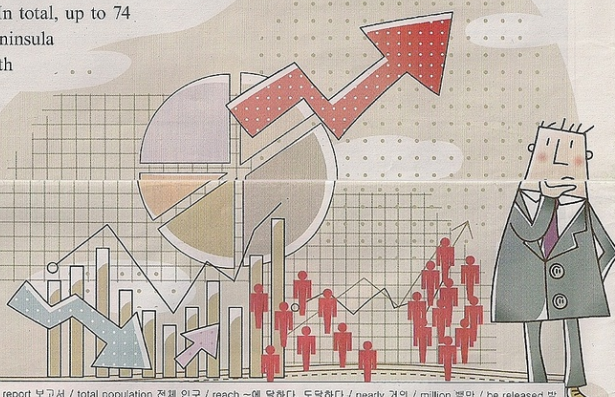


# Population of the Korean Peninsula Increases

How many people do you think live on the Korean Peninsula? According to a new report, the total population of South Korea reached nearly 50 million. The data was released last Friday by the Korean Statistical Information Service (KOSIS) 통계청. According to the data, the number of people in North Korea stands at about 24 million. In total, up to 74 million people live on the Korean Peninsula now. The number of the people both in the South and the North has been steadily increasing. In 2003, the number stood at about 71 million. In the South, the influx of foreigners contributed to the population growth. As for the North, the birth rate has been increasing. The KOSIS said that the South's population will reach 50 million in 5

years. Population growth is very important in order to improve our national power. Let's hope many more babies will be born in the two Koreas! -

Staff reporter Lauren Kim



한반도의 인구 증가 Korean Peninsula 한반도 / report 보고서 / total population 전체 인구 / reach ~에 달하다 도달하다 / nearly 거의 / million 백만 / be released 발표되다 / stand at ~을 나타낸다 / up to 최대 ~까지 / steadily 꾸준히 / influx 유입, 들어옴 / foreigner 외국인 / contribute to ~의 원인이 되다 / population growth 인구 성장 / birth rate 출산율 / improve 향상시키다 / national power 국력 / be born 태어나다

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On April 15, an amazing thing happened during a junior golf tournament held in England. A young girl hit a hole-in-one! The amazing girl's name is Eleanor Gamble. She is only five years old. She is the youngest ever golfer to do it. Hitting a hole-in-one is very hard even for professional adult golfers. In fact, many golfers end up never hitting a hole-in-one during their lifetime. "She has set a new world record. The previous youngest female hole-in-one golfer listed in the Guinness Book of World Records was an 8-year-old girl from America," said her father David Gamble. Congratulations, Eleanor! You are really talented at playing golf!

Staff reporter Sarah Choi

## A Young Golfer to Hit a Hole-in-One

놀인들을 전 어린 골퍼 선수 amazing 놀라운 / happen 일어난다, 발생하다 / tournament 경기, 대회 / held in ~에서 열린 / score 점수를 낸다 / hole-in-one 홀인  
인 (골프에서 공이 라운드 홀에 들어가는 것) / ever 지금까지 / professional 전문적인 / adult 어른, 성인 / end up ~하게 되었다 / lifetime 평생, 평생 / set a new world  
record 세계 신기록을 세우다 / previous 이전의 / female 여성 / talented 재능 있는

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## 1. Let's Feel Spring!

On April 17, many people visited Gyeongju to enjoy the rape flowers. They had a good time with their family there. Aren't the yellow flowers beautiful? You can feel spring by looking at the flowers. Why don't you visit Gyeongju with your family to feel the spring atmosphere?



## 2. Please Rest in Peace

On April 19, many citizens gathered in front of the National Assembly in Seoul. They offered white flowers to express their deep sadness over the soldiers of the Cheonan Navy ship. A total of 46 soldiers died when the ship sank. All of you will be remembered forever! May they rest in peace.



## 3. China Loves Jang Woo-hyuk

Korean dance singer Jang Woo-hyuk is gaining huge popularity in China. On April 17, he won the CCTV Global Hot Song Award, the best music award in China. He also won Asia's Greatest Performance Artist Award last month. He will play a solo concert in Beijing in May. Good luck, Jang!



## 4. I'm the Queen!

On April 18, figure skating queen Kim Yu-na met her fans at the Olympic Park ice rink in Seoul. More than 11,000 people went there to see her fantastic performance. The world champion in figure skating pleased the audience by showing off her perfect skating skills.

Staff reporter Elina Bae

**포토뉴스** enjoy 즐기다 / rape flower 유채꽃 / rest in peace 고이 잠드소서 / citizen 시민 / gather 모이다 / in front of 앞에 / National Assembly 국회 / offer a flower 헌화하다 / express 나타내다, 표현하다 / deep 깊은 / sadness 슬픔 / soldier 군인 / sink 가라앉다 / be remembered 기억되다 / gain huge popularity 엄청난 인기를 얻다 / music award 음악 시상식 / win 수상하다 / fantastic 환상적인, 멋진 / performance 공연, 연기 / please 기쁘게 하다 / audience 청중, 관중 / show off ~을 뽐낸다



Recently, a new kind of pizza was introduced at a pizza restaurant in Australia. The pizza is decorated with very special toppings. So, what is the special ingredient? Crispy locusts! These days, many farms in the country are having a hard time as locusts swarm across Australia. The locusts cause great harm to the farms as they eat up all the crops. Recently, a pizza restaurant in northern Australia has come up with a great idea of getting back at the troublesome insects. That's right; cook and eat them! The restaurant offers locusts as a crunchy topping for pizza. According to the Food and Agricultural Organization of the United Nations, locusts are

good for your health because they are about 62 percent protein! There are many ways to enjoy locusts. They can be fried, roasted or boiled. Another piece of good news is that they are free! You can just go outside with a huge plastic bag and catch them! So, would you like to try a locust-topped pizza?

Staff reporter Liz Ahn



# Want Some Locusts on Your Pizza?

피자에 메뚜기 좀 올려서 먹을까요? be introduced 소개되다 / be decorated with ~로 장식되다 / topping (음식 위에 얹는) 토핑 / ingredient 재료 / crispy 바삭바삭한 / locust 메뚜기 / have a hard time 어려움 겪다 / swarm 떼를 지어 다니다 / cause 일으키다 / harm 피해 / farm 농장 / eat up 다 먹어 치우다 / crop 곡식, 농작물 / come up with ~을 생각해내다 / get back at ~에 보복하다 / troublesome 문제를 일으키는, 불편한 / insect 곤충 / offer 제공하다 / crunchy 아삭아삭한, 씹히는 / protein 단백질 / fry 볶기다 / roast 굽다 / boil 끓이다 / free 무료(공짜)인 / huge 커다란 / plastic bag 비닐 봉지 / catch 잡다 / ~topped ~이 올려진

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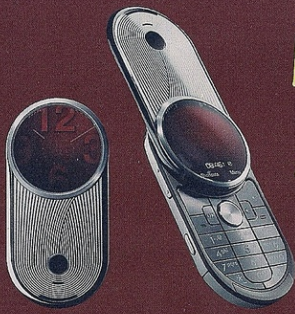
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**3월 15일(월)~5월 10일(월)**  
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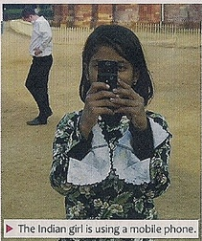
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# India Has More Mobile Phones Than Toilets

India is an interesting country and you will be very surprised when you learn about it. Did you know that India produces more films than Hollywood? The country also has the highest number of post offices in the world. The world's first university was established there. Yet, there is one more interesting fact about the country. If you are curious to know, keep reading!



▶ The Indian girl is using a mobile phone.

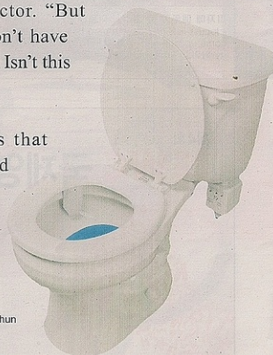


population) have access to toilets.

Clean toilets are very important for people's health. Poor sanitation causes many diseases and kills young children. "India has become one of the most powerful countries in the world. Now the country is wealthy enough that about half of the people own cell phones," said Zafar Adeel, the UN University director. "But many people still don't have access to clean toilets. Isn't this sad?"

The UN study says that proper sanitation could save more lives in India. It will also help the country become more powerful.

Staff reporter Dan Chun



변기보다 휴대폰이 더 많은 인도     interesting 흥미로운, 재미있는 / be surprised 놀라다 / learn about ~에 대해 알다, 배우다 / produce 생산(제작)하다 / film 영화 / post office 우체국 / be established 세워지다 / curious 궁금한 / huge 큰, 거대한 / billion 십억 / study 연구 / report 보고서 / mobile phone 휴대폰 (=cell phone) / be published 발행(출간)되다 / million 백만 / user 사용자 / population 인구 / on the other hand 반면에 / whole 전체의 / access 접근, 접촉 기회 / poor 좋지 못한, 열악한 / sanitation 위생 / cause 발생시키다 / disease 질병 / kill 죽이다 / wealthy 부유(풍족)한 / director 감독자, 이사 / proper 적절한, 알맞은





## World's Longest Insect Found in Borneo



Last week, the longest insect in the world was discovered in the remote rainforest of Borneo. The newly found stick insect is more than 60 centimeters long! It was discovered by the researchers from the WWF (World Wildlife Fund) 세계야생생물기금. The world's longest insect lives in the high trees of the forest. This interesting insect has been donated to the Natural History Museum in London. The researchers also found another 123 new species,

including a flying frog! In fact, Borneo Island is home to many types of wildlife. It is the third largest island in the world, located in Southeast Asia. About 73 percent of the island belongs to Indonesia. The other 27 percent belongs to Malaysia and Brunei. Many more new animals are waiting to be found in Borneo. Let's wait and see what interesting animals the researchers will discover next!

Staff reporter Liz Ahn

보르네오에서 발견된 세계에서 가장 긴 곤충 insect 곤충 / be discovered 발견되다 / remote 먼 / rainforest 열대 우림 / Borneo 보르네오 섬(Malay 섬에 있는 세계에서 세 번째로 큰 섬) / stick insect 딱정벌레 / researcher 연구원, 조사원 / be donated 기부되다 / species (생물)종 / including 포함하여 / in fact 사실은 / located in ~에 위치한 / belong to ~에 속하다



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# SUNSHINE MAKES YOU HEALTHIER AND HAPPIER



*The sun is very important in our lives. As a matter of fact, we can't live without it. All living creatures on Earth need the sunlight to survive. Humans, animals, trees, and flowers all receive energy from the sun. The warm sunshine also makes you healthier and happier!*



Spring is a great season to enjoy sunbathing. Did you know that your body produces vitamin D if you enjoy the sunshine? This is why the vitamin is called the sunshine vitamin. Vitamin D is very important for your body. It makes your bones stronger by helping with the absorption of calcium. It also helps your brain work well.

Today, many children in the world suffer from vitamin D deficiency. A lack of vitamin D can cause a number of health problems including diabetes and heart disease. Spending about 30 minutes a day in the sun is enough to make all the vitamin D your body needs.

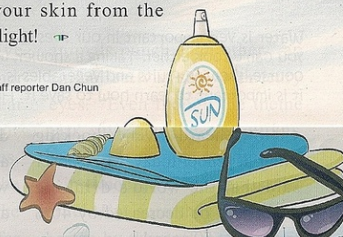
According to a new study, enjoying the sunshine is very important for your health. Spending more time under the sunshine can even help you live longer! Researchers at the University of Warwick in England and the Shanghai Institute of Biological Sciences in China found that the sunshine can help you live longer by cutting the risk of heart disease

and diabetes.

"After studying 3,262 people in Beijing and Shanghai in China, we found that the more time you spend in the sun, the more easily your body is able to produce this important vitamin," said Dr. Oscar Franco who led the study. "Vitamin D deficiency is becoming a huge problem across the globe. If you eat right, exercise regularly, and spend more time in the sun, you can live a longer, happier, and healthier life," he added.

See? Now you know the importance of enjoying the sunshine. However, before going out to sunbathe, don't forget to wear sunscreen to protect your skin from the harmful UV light!

Staff reporter Dan Chun



**뜻** 다른 여러분들 및 건강하고 더 행복하게 해주다 as-a matter of fact 사실 / without -없이 / creature 생물 / survive 살아남다 / health 건강하다 / healthy 건강한 비요고도 / catched caught 잡다 / suffer from 앓다 / enjoy 즐기 / graduate 졸업하다 / produce 생산하다 / attract 끌어들이다 / admit 인정하다 / spend (시간)을 보내다 / be called -되다 / according to -에 따라 / more 많은 / study 연구하다 / researcher 연구원 / diabetes 당뇨병 / heart disease 심장병 / easily 쉽게 / be able to ~할 수 있다 / lead 지나다 / avoid 피하다 / manage 잘하다 / exercise regularly 규칙적으로 운동하다 / add 덧붙이다 / go out 외출하다(가다) / forget to ~하는 것을 잊다 / wear 착용하다 / protect 보호하다 / harmful 해로운 / U/V light 자외선

[illegible]



## 10 Think & Talk

THE kids TIMES  
Friday, April 30, 2010

# How Can We Save Water?

Water is very important in our lives. If you don't drink water every day, you cannot survive. If there is no water, you can't cook either. Taking a shower, washing your clothes, and washing the dishes would be impossible, too. Of course, growing fruits and vegetables is also not possible without water. Sadly, the world lacks water. Therefore, it is important to learn how to save it. Here, Adam and Eve are talking about the topic.

**adam:** I heard a very shocking thing at school today. My teacher said that the world's drinking water will be decreased by 40% in the next 50 years!

**eve:** Really? That's very alarming! But isn't the Earth full of water?

**adam:** Well, unfortunately, only a small percentage of the water on Earth is usable. Of this usable water, only a tiny percentage is drinkable.

**eve:** Then, we need to save every drop of water! But how?

**adam:** Saving water is not that

difficult. For instance, the simple act of keeping the tap turned off while brushing your teeth saves about 95 liters of water a month.

**eve:** What about fish tanks? My pet fish needs clean water and the fish tank must be cleaned regularly.

**adam:** Instead of throwing away the water from the fish tank, use it to water your flowers or plants.

**eve:** That's a great idea! I will also tell my mom and dad to save water.

**adam:** Tell them to fix all the leaky taps in your house.

According to my teacher, taps that drip one drop per second waste about 7,000 liters of water per year!

**eve:** Wow! We can save a lot of water by fixing the water taps!

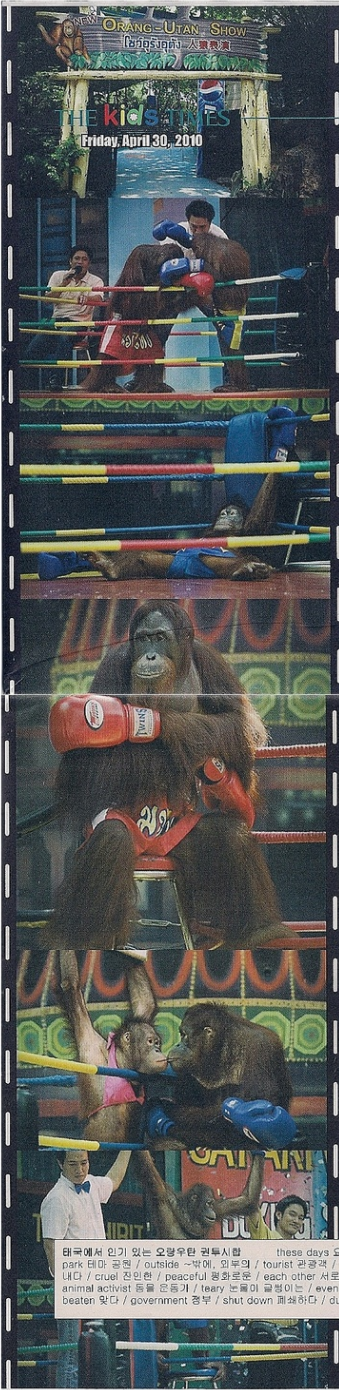
**adam:** Also, tell your mom that it is better to wash vegetables and fruits in a bowl of water rather than in running water. After washing them, the water can be used to wash the floor cloths or water the plants in your house.

**eve:** Aha! Thanks for giving me such good ideas, Adam. I will think about more ways to save water.

Staff reporter Dan Chun

어떻게 하면 물을 절약할 수 있을까? survive 생존하다, 살아남다 / either 또한, 역시 / take a shower 샤워하다 / wash the dishes 설거지 하다 / impossible 불가능한 / grow 키우다, 자라게 하다 / without ~없이 / sadly 슬프게도 / lack 부족하다 / therefore 따라서, 그래서 / decrease 감소하다 / alarming 심각한 것은, 놀라운 / unfortunately 불행히도 / usable 사용 가능함 / tiny 작은 / drinkable 마실 수 있는 / drop 방울 / for instance 예를 들어 / tap 수도꼭지 / turn off 끄다 / brush one's teeth 이빨 닦다 / fish tank 수조, 아항 / regularly 규칙적으로 / instead of ~대신에 / throw away 버린다 / water 물주다 / leaky 새는 / according to ~에 따르면 / drip 뚝뚝 떨어지다 / fix 수리하다 / bowl (우물썸) 그릇 / rather than ~라기 보다는 / running 흐르는 / floor cloth 걸레





## Orangutan Boxing Matches Popular in Thailand



These days, orangutan boxing matches are gaining huge popularity in Thailand. The special matches are being held at a theme park called Safari World, outside Bangkok. Many tourists come to see the shows.

The orangutan boxers have been trained to hit each other to entertain people. They wear boxing gloves and shorts for the 30-minute boxing matches. Many people from all over the world cheer while watching the two orangutans duke it out for 30 minutes at a time.

animals punch each other," an animal activist said with teary eyes. "Even though the theme park says that the orangutans have been trained to simulate being knocked-down, this is still cruel. I'm sure they would be beaten by the staff if they don't fight with each other."

Many animal lovers say that the orangutan boxing matches are very cruel. This is because orangutans are peaceful animals and they don't like to fight with each other. But the theme park forced them to hit and punch each other to attract tourists and make money.

In 2004, the Thai government shut down the monkey boxing matches due to their cruelty. Many animal activists are wondering how the orangutan shows are allowed in the country. What do you think about the orangutan boxing matches? Would you like to go watch it? Or do you think it is wrong to watch it?

Staff reporter Samuel Sohn

태국에서 인기 있는 오랑우탄 권투시합 these days 요즘 / orangutan 오랑우탄 / boxing match 권투 시합 / gain huge popularity 큰 인기를 얻다 / be held 열리다 / theme park 테마 공원 / outside ~밖에, 외부의 / tourist 관광객 / entertain 즐겁게 하다 / all over the world 전 세계에서 / cheer 응원하다 / duke it out 치고받고 싸우다, 싸워서 끝내다 / cruel 잔인한 / peaceful 평화로운 / each other 서로 / force A를 B가 강하게 (압박하다) / punch 주먹으로 치다 / attract 끌어 모으다, 끌다 / make money 돈을 벌다 / animal activist 동물 보호자 / teary 눈물이 글썽이는 / even though 비록 ~일지라도 / be trained 훈련 받다 / simulate 흉내내다, ~인 척 하다 / knocked-down 맞아 쓰러짐 / be beaten 맞다 / government 정부 / shut down 폐쇄하다 / due to ~때문에 / cruelty 잔인함 / wonder 궁금해하다 / allow 허락하다





## TWO KOREAN ACTORS CHOSEN AS ASIA'S GREATEST ACTORS OF ALL TIME

Who is your favorite Korean actor? There are many great actors to choose from. Well, CNN's choice was Ahn Sung-ki and Shim Eun-ha! Recently, CNN included the two actors in its "Asia's 25 Greatest Actors of All Time" list.

On April 14, CNN released its list of the 25 greatest Asian film actors of all time. Famous actors from many Asian countries, including Korea, China, Hong Kong, Japan, India, Cambodia, Singapore, and Thailand were included in the list. India has the highest number of actors in the list as five Indian actors made it to the list. Popular Chinese actress Gong Li was also included in the list. She made her debut in 1987.

CNN chose Ahn Sung-ki and Shim Eun-ha as the best actors in Korea. Ahn started acting in the early 1960s when he was a little boy. The actor is well-known for his natural style of acting. Over the years,

he starred in many famous movies, including "Fine Windy Day" 바람불어 좋은 날 (1980). Known as the best actor in Korea, Ahn has won numerous awards so far.

As for Shim Eun-ha, she made her remarkable debut in 1994. Since then, she starred in many popular TV dramas and films. She is best-known for her role in the 1998 movie "Christmas in August" 8월의 크리스마스. She suddenly gave up acting in 2002 and went to France to learn painting. Currently, she is raising two children as well as working as an artist. Many people still remember her as the best actress in Korea.

Staff reporter Erica Choi

역대 아시아 최고의 스타로 뽑힌 두 명의 한국 배우 / favorite 가장 좋아하는 / actor 배우 / choose 선택하다 / choice 선택 / include 포함하다 / of all time 역대, 지금까지 / release 발표하다 / popular 인기 있는 / actress 여배우 / make one's debut 데뷔 하다 / be well-known ~로 잘 알려져 있다 / star 주연을 맡다 / win an award 상을 받다 / numerous 수 많은 / as for ~에 대해 말하자면 / remarkable 현저한, 두드러지는 / be best known for ~으로 가장 잘 알려져 있다 / role 역할 / suddenly 갑자기 / give up 포기하다 / currently 현재 / raise 기르다





## Let's Make a Strawberry Smoothie!



Strawberries are the perfect spring fruit. They are very delicious and good for your health. There are many ways to enjoy this healthy fruit. Making a smoothie is one of the best ways to enjoy it. A strawberry smoothie is easy to make. It takes only a few minutes. Just follow the steps below:

1. Prepare the necessary ingredients: strawberries, milk, vanilla ice cream, yogurt, sugar or honey, and ice.

2. Put 1/2 cup of ice in the blender, along with 1 cup of strawberries, 1/4 cup of milk, and 1/2 cup of vanilla ice cream or yogurt.

3. Add some sugar or honey as you like and blend for about 2 minutes.

4. Strawberry smoothies can be stored in the fridge for about 3 days. Enjoy! ~~~

Staff reporter Christine Kim



What comes into your mind when you think of Jeju? The blue sea, the walls made of stone, and the beautiful sandy beaches are some of the most famous features of Jeju Island. In the springtime, you can also see bright yellow flowers in full bloom. The beautiful flowers are called the rape flowers. They begin to bloom in late March. They are not

only beautiful but also good for your health. They are known to be rich in vitamin C. You can season the leaves and stems of the flowers to eat. You can also make kimchi with them! The seeds of the rape flowers can be made into oil, too. Let's all go to Jeju to enjoy the beautiful yellow flowers with both our eyes and mouths! ~~~

Staff reporter Cloe Kim

## Feel the Scent of Spring on Jeju Island



딸기 스무디를 만들어 보자! smoothie 스무디 (과일·과일 주스에 우유나 아이스크림을 넣어 만든 음료) / perfect 완벽함 / be good for ~에 좋다 / enjoy 즐기다 / healthy 건강에 좋은 / take (시간이) 걸린다 / a few minutes 몇 분 / follow 따라한다 / stop 단계 / below 아래에 / necessary 필요한 / ingredient 재료, 성분 / vanilla 바닐라 / blender 믹서기 / along with ~와 함께 / add 첨가한다 / as you like 마음대로 내키는 대로, 원하는 만큼 / blend 섞다, 혼합하다 / be stored 저장하다 / fridge 냉장고

제주도에서 봄 향기를 느껴요 scent 향기, 향내 / come into one's mind ~이 마음 속에 떠오르다 / wall 강, 벽 / made of ~로 만들어진 / stone 돌 / sandy beach 백사장 / the most famous (famous의 최상급) 가장 유명한 / feature 특징 / springtime 봄철 / bright 밝은, 빛나는 / in full bloom 만개한, 활짝 핀 / be called ~라고 불린다 / rape flower 유채꽃 / late ~왕의 / not only A but also B A뿐만 아니라 B도 / be good for ~에 좋다 / be rich in ~이 풍부하다 / season 명절이다 / leaf (나뭇)잎 / stem 줄기 / seed 씨 / be made into ~로 되다 / oil 기름 / both A and B A와 B 둘 다



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## Dear Andy,

Hi, Andy! How was your weekend?

On Sunday, I went to see the cherry blossoms with my family.

It was very beautiful!

- ① The streets were filled with the cherry blossom trees.
- ② It looked like a pretty flower tunnel!
- ③ When the wind blew, the petals fell down like the rain.

I was fascinated by the beautiful scene.

I took many pictures with my family there.

I'll send you some.

Many people also came with their family and friends.

Everyone looked very happy.

I think spring is a wonderful season.

- ④ As a matter of fact, it is my favorite season.

Everything looks fresh in spring.

The warm sunshine makes me feel alive.

Let's enjoy this beautiful season!

Did you do something special during the weekend, Andy?

Love, Mina

### Let's Learn How to Write E-mails in English

1. The streets were filled with the cherry blossom trees.

(길거리는 벚꽃 나무로 가득 차 있었어.)

▶ be filled with : ~로 가득 차다

Ex) The glasses are \_\_\_\_\_ water.

(컵에는 물이 가득하다.)

3. When the wind blew, the petals fell down like the rain.

(바람이 불자, 꽃잎들이 비가 내리듯 떨어졌어.)

▶ fall down : 떨어지다

Ex) Don't \_\_\_\_\_ the stairs. Watch out!

(계단에서 떨어지지 않도록 조심해!)

2. It looked like a pretty flower tunnel!

(아름다운 꽃 터널처럼 보였어.)

▶ look like : ~처럼 보이다

Ex) Doesn't she \_\_\_\_\_ a famous actress in that dress?

(그녀가 그 드레스를 입으니 유명한 여배우 같아 보이지 않나?)

4. As a matter of fact, it is my favorite season.

(사실은, 봄은 내가 가장 좋아하는 계절이야.)

▶ as a matter of fact : 사실은

Ex) \_\_\_\_\_, I cut the math class yesterday.

(사실, 나 어제 수학 수업시간을 빼먹었어.)



[Answers]

1. filled with 2. look like 3. fall down 4. As a matter of fact

미나의 편지 cherry blossom 벚꽃 / be filled with ~로 가득 차다 / tunnel 터널 / blow (blow의 과거) 불다 / petal 꽃잎 / fall down 떨어지다 / be fascinated by ~에 매혹되다. 아름다움 뽐냈기다 / scene 장면 / take a picture 사진을 찍다 / as a matter of fact 사실은 / warm 따뜻한 / sunshine 햇빛 / alive 활기가 넘치는, 살아 있음 / during ~동안에





Inbox
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Notes
Phone Contacts
Chat Messages
Contacts

**Dear Mina,**

Hey, Mina! Thanks for sending me your nice pictures!  
The flowers look very beautiful.  
Of course, you look more beautiful than the flowers!  
You look really happy in the pictures.

① I can tell that your family had a very nice time.  
② As for me, I went to a barbeque food party on Saturday.  
My uncle invited my family to his house for lunch.  
We enjoyed delicious barbeque in his yard together.  
After lunch, I lay down on the grass to enjoy the sunshine.  
While enjoying my sunbathing, I fell asleep!  
I even had a dream.  
In my dream, I met a huge dinosaur.  
It came to me slowly and licked my nose!  
Surprisingly, it felt so real.

When I opened my eyes, something was really licking my nose!  
③ I was so surprised that I jumped up!  
Phew! It was my uncle's dog!  
④ All in all, it was a fun weekend!

Love, Andy

**Let's Learn How to Write E-mails in English**

1. I can tell that your family had a very nice time.  
(너희 가족이 아주 좋은 시간을 보냈다는 걸 알아볼 수 있겠어?)  
▶ tell : 알아보다, 구별하다  
Ex) Can you \_\_\_\_\_ Min-su from his twin brother Min-sung?  
( twin 쌍둥이 형제인 민성이와 민수를 구별할 수 있니?)

3. I was so surprised that I jumped up!  
(난 너무 놀라서 뒹뒹 일어났어!)  
▶ so~ that... : 너무 ~해서 ...하다  
Ex) It had been \_\_\_\_\_ cold \_\_\_\_\_ I couldn't go outside even though it is April.  
(4월인데도 불구하고 너무 추워서 밖에 나갈 수가 없었어.)

2. As for me, I went to a barbeque party on Saturday.  
(나는, 토요일에 바비큐 파티에 갔었어.)  
▶ as for : ~로서는  
Ex) Don't blame him! \_\_\_\_\_ you, you tried your best.  
(그를 탓하지마! 너로서는, 최선을 다했어.)

4. All in all, it was a fun weekend!  
(대체로, 즐거운 주말이었어!)  
▶ all in all : 대체로  
Ex) \_\_\_\_\_, the concert was a great success!  
(대체로 그 콘서트는 성공적이었어!)



[Answers]

1. Tell 2. As for 3. so that 4. All in all

앤디의 편지 tell : 알다, 식별하다 / as for ~로서는 / barbeque party 바비큐 파티 / yard 뒷마당 / lay (lie의 과거) 눕다 / sunbathing 일광욕 / fell asleep 잠들다 / even 심지어  
아는 / have a dream 꿈을 꾸다 / huge 거대한 / dinosaur 공룡 / lick 핥다 / surprisingly 놀랍게도 / all in all 대체로





## HOW OLD IS THE WORLD'S OLDEST STUDENT?

There is a saying that goes: "You are never too old to learn." Is this really true? Yes, it is! An old grandma from China is living proof. Her name is Ma Xiuxian. From last month, she is attending an elementary school in her town. She is the oldest student in the world. So, how old is she?



You may be very surprised to learn the age of the world's oldest student. She is 102 years old! The grandma didn't have a chance to go to school when she was young. She had to work to make money for her poor family. She started working at a cotton mill when she was only 13 years old.

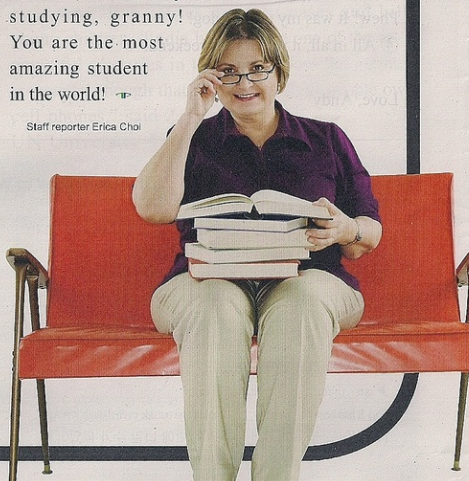
At the age of 18, she got married and became the mother of 9 children. She made great sacrifices to support her children's education. Even though she always wanted to study and learn many things, she couldn't get the chance to fulfill her own dream of going to school.

In March this year, her lifelong dream came true. She finally had a chance to attend school!

Now she is a first grader at the Weishan Road Elementary School in Shandong province. Even though she needs a large magnifying glass to read books, she looks very happy. "I am very proud to be able to go to school. I will study hard with my young classmates," she said.

Good luck with your studying, granny! You are the most amazing student in the world!

Staff reporter Erica Choi



세계 최고령 학생은 몇 살일까요? there is a saying that goes ~라는 속담이 있다 / You are never too old to learn 배움에는 나이가 없다 / grandma 할머니 / living proof 살아 있는 증거 / attend 다니다 / the oldest (olds)의 최장수(最長壽)가장 나이가 많은 최고령의 / be surprised 놀란다 / chance 기회 / have to ~해야만 한다 / make money 돈을 벌다 / cotton mill 방직(단직) 공장 / get married 결혼하다 / make a sacrifice 희생하다 / support 부양하다, 지원하다 / even though ~ 비록 ~할지라도 / fulfill 실현시키다, 수행하다 / lifelong 평생 동안의, 일생의 / come true 실현되다 / finally 마침내, 드디어 / first grader 1학년 / province 주, 지방 / magnifying glass 돋보기 / be proud 자랑스럽다 / be able to ~할 수 있다 / classmate 급우(반 친구) / granny 할머니 / amazing 놀라운(감동한)





Your body needs sugar to work properly. You can get sugar from food. When you eat food, your body changes the food into sugar. Then, your body uses the sugar for energy. However, if you eat too much sugar, it can lead to many health problems. Let's take a look at the high sugar foods that you should avoid.

## High Sugar Foods You Should Avoid

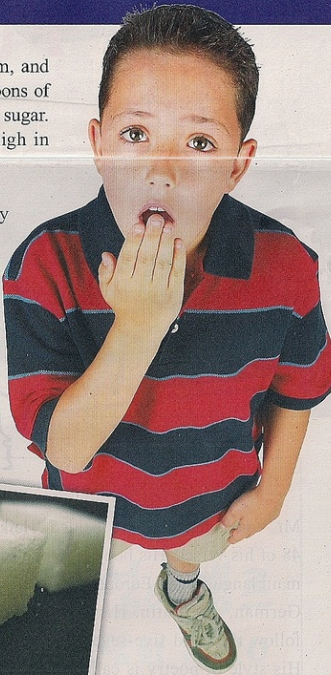
A lot of foods you eat contain sugar. For example, donuts, ice cream, and cookies are high in sugar. One ice cream bar contains about 17 teaspoons of sugar! A donut contains about 200-300 calories, mostly coming from sugar. But many children love eating these junk foods. Sadly, they are high in calories and provide little health benefits.

Many children often eat noodles and bread. These foods are usually made with white flour. Did you know that white flour makes your blood sugar rise? Having too much sugar in your blood is not good for your health. Foods made of flour cause more harm to your body than good.

How can we forget about soda when we talk about sugar? A can of soda contains about 15 teaspoons of sugar. Diet soda drinks contain even more harmful sweeteners, which can damage your brain. If you keep drinking diet drinks, you may suffer from memory loss and emotional disorders.

Did you know that many cereals are also packed with sugar? A bowl of cereal may look like a perfect breakfast, but you can end up eating too much sugar without knowing it. When buying a box of cereal, read the nutritional facts carefully!

Staff reporter Sarah Choi

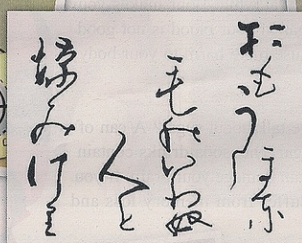


피해아 할 고당분 식품들 properly 적절히 / lead to ~으로 이어지다, ~을 초래하다 / take a look at ~을 살펴보다 / high sugar food 당분이 많은 음식 / avoid 피하다 / contain 포함하다 / for example 예를 들면 / tea spoon 찻수저 / mostly 주로 / love ~ing ~하는 것을 매우 좋아하다 / junk food 찰크 푸드 (패스트 푸드) / sadly 안타깝게도 / provide 제공하다 / little 거의 없는 / health benefit 건강상 이점 / noodle 국수 / bread 빵 / usually 대개, 보통 / flour 밀가루 / blood sugar 혈당 / rise 올라가다 / be good for ~에 좋다 / cause 일으키다 / forget 잊다 / harmful 해로운 / sweetener 감미료 (설탕 대신 쓰는 것) / damage 해를 입히다, 손상시키다 / keep ~ing 계속 ~하다 / suffer from ~을 겪다 / memory loss 기억 상실, 기억력 감퇴 / emotional disorder 정서 장애 / be packed with ~로 가득하다, 채워져 있다 / a bowl of ~ ~한 그릇 / look like ~처럼 보인다 / perfect 완벽한 / breakfast 아침식사 / end up ~ing 결국 ~하게 되다 / nutritional fact 영양 정보 / carefully 주의 깊게, 신중히





# EU President Publishes Poems



Mr. Van Rompuy's book is titled "Haiku." It contains 48 of his verses. His books are published in the five main languages of Europe – Dutch, English, French, German, and Latin. His poems are mystical and follow the rigid five-seven-five syllable structure. His style of poetry is called haiku. Haiku is a 17-syllable form of Japanese poetry.

Mr. Van Rompuy has become internationally famous

not for his political achievements but for his poems. He calls himself a "politician-haiku poet." He usually writes poems about the natural world and his close family members.

He says that writing poems help him control his thoughts and attitude as a politician. According to him, writing poems helps him to stay modest, honest, and moderate.





Last Thursday, Herman Van Rompuy, the president of the European Union (EU) 유럽연합, published a collection of Japanese-style poems. He showed off his abundant sensibility in his poems. The politician-poet is well-known for his love for poetry and unique style of writing.



Born in 1947, the 63-year-old politician-poet served as Belgium's prime minister for just 10 months from December, 2008 to November, 2009 before becoming the EU president. On November 19, 2009, he was elected as the president of the EU by his

fellow prime ministers. He will serve the position until May 31, 2012. He is the first long-term and full-time president of the EU.

Staff reporter Dan Chan

시집을 낸 유럽연합 상임의장 publish 출판(발행)하다 / collection 모음집, 수집품 / Japanese-style 일본 스타일의 / poem (=poetry) 시 / show off -을 뽐내다, 자랑(과시)하다 / abundant 풍부한 / sensibility 감수성 / politician-poet 정치가이자 시인 / be well-known for ~으로 잘 알려져 있다, 유명하다 / unique 독특한 / style of writing 문체 / title 제목을 붙이다 / contain 포함하다 / verse 시, 운문 / main 주된 / Dutch 네덜란드어 / German 독일어 / Latin 라틴어 / mystical 신비주의의 / follow 따르다 / rigid 엄격한 / syllable 음절 / structure 구조 / be called ~라고 불린다 / haiku 하이쿠 (삼행의 전통 시) / be famous for ~으로 유명하고 / internationally 국제적으로 / not A but B가 아니란 B / achievement 업적, 달성 / call oneself 자칭 (~라고 하다) / usually 대개, 보통 / control 통제하다 / thought 생각 / attitude 태도 / according to ~에 따르면 / modest 겸손한 / honest 정직한 / moderate 온건한, 적당한 / serve as ~의 역할을 하다, ~로 일하다 / Belgium 벨기에 / prime minister 수상, 국무총리 / be elected as ~로 선출되다 / fellow 동료, 친구 / unit -단위 / long-term 장기적인 / full-time 전업의, 풀타임의

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